7500 Security Boulevard Baltimore, Maryland 21244 -1850

Important decisions about your new Medicare coverage

Welcome to Medicare! You now have Medicare Part A and/or Part B. Your enclosed Medicare card shows when your coverage starts.

- Medicare Part A (Hospital Insurance)—helps cover inpatient care in hospitals, skilled nursing
 facility care, hospice care, and home health care. Most people don't need to pay a premium for
 Part A.
- Medicare Part B (Medical Insurance)—helps cover services from doctors and other health care providers, outpatient care, durable medical equipment, and many preventive services. **Part B is optional, and you pay a monthly premium for it**.

Make these 2 important decisions now:

Decision 1: Should I sign up for Part B?

- If you're already signed up for Part B—you don't need to do anything. Medicare will automatically deduct the premium from your monthly Social Security or Railroad Retirement Board benefits (or federal civil service annuities at your request). If your benefits or annuities aren't enough to cover your premium, or you don't get benefits, you'll get a bill for your Part B premium every 3 months. Visit Medicare.gov/basics/costs/pay-premiums to learn more.
- If you want Part B—contact Social Security to find out when you can sign up.
- If you don't want Part B now—you can sign up later. However, you may have to wait for your coverage to start and pay a monthly penalty (that's added to your premium) for as long as you have Part B.
- Read pages 3-8 in the booklet to find out if you should sign up for Part B (based on your situation).

Decision 2: If I signed up for Part B, which way should I get Medicare health coverage? You have 2 main ways to get your Medicare coverage:

- Original Medicare—includes Part A and Part B. You can buy supplemental coverage from a private company to help pay your out-of-pocket costs. You can also add Medicare drug coverage (Part D).
- Medicare Advantage—a Medicare-approved plan from a private company that bundles your Part A, Part B, and usually drug coverage (Part D). Plans may offer some extra benefits that Original Medicare doesn't cover, like certain vision, hearing, and dental services.
- Read pages 8–14 in the booklet for additional and important information to make your decision. Turn this page over for your options at-a-glance.

Soon, we'll mail your official "Medicare & You" handbook with more information. You can also visit Medicare.gov anytime for details about getting started with Medicare.

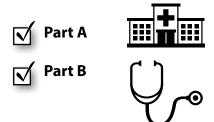
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Your Medicare options

There are 2 main ways to get your Medicare coverage:

Original Medicare

- Original Medicare includes Medicare Part A (Hospital Insurance) and Part B (Medical Insurance).
- You can join a separate Medicare drug plan to get Medicare drug coverage (Part D).
- You can use any doctor or hospital that takes Medicare, anywhere in the U.S.
- To help pay your out-of-pocket costs in Original Medicare (like your 20% coinsurance), you can also shop for and buy supplemental coverage.



You can add:

☐ Part D



You can also add:

Supplemental coverage

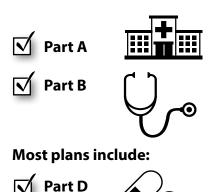


This includes Medicare
Supplement Insurance
(Medigap). Or, you can use
coverage from a current or former
employer or union, or Medicaid.

Medicare Advantage

(also known as Part C)

- Medicare Advantage is a Medicareapproved plan from a private company that offers an alternative to Original Medicare for your health and drug coverage. These "bundled" plans include Part A, Part B, and usually Part D.
- In many cases, you can only use doctors who are in the plan's network.
- In many cases, you may need to get approval from your plan before it covers certain drugs or services.
- Plans may have lower out-of-pocket costs than Original Medicare. You may also have an additional premium.
- Plans may offer some extra benefits that Original Medicare doesn't cover—like certain vision, hearing, and dental services.



Part D

Some extra benefits

Some plans also include:

Lower out-of-pocket costs



Welcome ^{to} Medicare

Important decisions about your Medicare coverage



Now's the time to make some important decisions about your Medicare coverage.

Read this booklet carefully before you make any decisions.

Medicare Overview

Medicare Part A (Hospital Insurance) helps cover inpatient care in hospitals, skilled nursing facility care, hospice care, and home health care.

Medicare Part B (Medical Insurance) helps cover services from doctors and other health care providers, outpatient care, durable medical equipment (like wheelchairs, walkers, hospital beds, and other equipment), and many preventive services (like screenings, shots or vaccines, and yearly "Wellness" visits).

To learn more about what Medicare covers, visit Medicare.gov/coverage, or call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

Note: If you're not lawfully present in the U.S., Medicare won't pay for your Part A and Part B claims, and you can't join a Medicare Advantage Plan or a Medicare drug plan (Part D).

What does Part B cost?

You'll pay a monthly premium for Part B. In 2024, the standard Part B premium is \$174.70. You'll pay more if you have a higher income. The premium amount can change each year. (Go to page 9.)

If you have limited income and resources, you may be able to get help from your state to pay your Part B premium. (Go to page 14.)



Decision 1: Should I sign up for Part B?

If you already signed up for Part B, skip to Decision 2 on page 8. If you don't sign up for Part B and you don't have other coverage based on active or current employment, there are some risks:

- You'll likely have to pay all of the costs for doctors' services, outpatient care, medical supplies, and preventive services.
- If you change your mind and want to get Part B later, you may have to wait until the General Enrollment Period (January 1- March 31 each year) to sign up. This may cause a gap in your health coverage.
- In most cases, if you decide you want Part B later, you may have to pay a late enrollment penalty for as long as you have Part B coverage. The penalty

amount is added to your monthly Part B premium, and it goes up the longer you go without Part B coverage. (Go to page 8.)

Whether it's best for you to sign up for Part B depends on your situation. The next few pages cover common situations and explain the risks for not signing up for Part B.

Common Situations

I'm still working and have coverage through my employer. Or, my spouse (or my family member, if I'm disabled) is still working and I have coverage through his or her employer:

- You may need to sign up for Part B right away if your employer has fewer than 20 employees. Check with your benefits administrator to find out if they require you to sign up for Part B. If you don't sign up for Part B and continue coverage with your employer, you may be able to sign up for Part B later without a late enrollment penalty during a Special Enrollment Period if:
 - You're 65 or older, you or your spouse is currently working, and you have employer or union group health plan coverage based on that current employment.
 - You're under 65 and disabled, you or a family member is currently working, and you have employer or union group health plan coverage based on that current employment.

(If the group health plan coverage is based on the current employment of a family member, the employer must have 100 or more employees.)

If you're eligible for this Special Enrollment Period, you can sign up for Part B:

- Anytime while you have employer or union group health plan coverage based on current employment.
- For up to 8 months after the group health plan coverage or the employment ends, whichever happens first.

I'm retired and have coverage through a former employer, or I have COBRA or VA coverage:

- You may need both Part A and Part B to get full benefits from this coverage, and your current coverage might not pay or only pay a small portion of your medical costs once you're eligible for Medicare (even if you aren't yet enrolled in Medicare).
- Contact your State Health Insurance Assistance Program (SHIP) at 1-877-486-2048 for free, personalized help deciding whether to sign up for Medicare.
- You aren't automatically eligible for a Special Enrollment Period when this coverage ends. This means:
 - You may have to wait until the General Enrollment Period (January 1–March 31 each year) to sign up for Part B.

 In most cases, you'll pay a late enrollment penalty that's added to your monthly premium for as long as you have Part B coverage.

I have coverage through the Health Insurance Marketplace® for individuals or families:

You should consider these things when deciding whether to sign up for Part B and stop your Marketplace plan when your Medicare starts. Generally:

- You won't qualify for help from the Marketplace to pay your Marketplace premiums or other medical costs. If you continue to get help to pay your Marketplace premiums after your Medicare Part A eligibility starts, you may have to pay back all or part of the help you got when you file your federal income taxes.
- Your Marketplace plan may not renew your coverage at the end of the year.

 This means you and your family could have a gap in your coverage starting January 1 of the next year.
- You may not be eligible for a Medicare Special Enrollment Period. This means you'll have to wait for the General Enrollment Period (January 1–March 31 each year) to sign up, and you may have to pay a late enrollment penalty as long as you have Part B coverage.

I have employer coverage through the Marketplace (also called Small Business Health Options Program or "SHOP" coverage):

You may be able to wait until you stop working or no longer have SHOP coverage to sign up for Part B without a penalty through a Special Enrollment Period. (Go to page 4.) Visit HealthCare.gov to learn more about SHOP coverage.

I have coverage through a private insurance plan (not through the Marketplace or an employer):

- If you get Part B, Medicare will pay its part of the costs for any health care services you get, and then any amount Medicare doesn't cover can be submitted to your private plan.
- If you choose to sign up for Part B later, you may not be eligible for a Special Enrollment Period. This means you'll have to wait for the General Enrollment Period (January 1–March 31 each year) to sign up, and you may have to pay a late enrollment penalty for as long as you have Part B coverage. (Go to page 8.)

I have TRICARE or CHAMPVA coverage:

You generally need Part A and Part B to keep TRICARE. However, if you're an active duty service member or the spouse or dependent child of an active duty service member, you don't need to sign up for Part B to keep TRICARE. If you have CHAMPVA, you must sign up for Part A and Part B to keep it.

I have Medicaid:

You should sign up for Part B. Medicare will pay first, and Medicaid will pay second. Your state may also help pay for your Medicare premiums. (Go to page 14.)

I don't have other medical insurance:

You should sign up for Part B, so you have coverage for things like doctors' services and preventive services. Be aware of the risks for not signing up for Part B. (Go to page 3.)

How much is the penalty if I sign up later?

If you sign up for Part B later and you aren't eligible for a Special Enrollment Period, you'll pay 10% more for each full 12-month period you could've had Part B but didn't take it. In most cases, you'll have to pay this late enrollment penalty each time you pay your premiums, for as long as you have Part B. The penalty increases the longer you go without Part B coverage.



Decision 2: Choose which way to get Medicare health coverage.

If you signed up for Part B, you have 2 main ways to get your Medicare coverage:

- · Original Medicare
- Medicare Advantage

Original Medicare

Original Medicare includes Part A and Part B. When you get services, you'll pay a deductible, and you usually pay 20% of the cost of the Medicare-approved service, called coinsurance.

The deductible for Part B is \$240 in 2024.

With Original Medicare, you:

- Can go to any doctor or hospital that takes Medicare, anywhere in the U.S.
- Don't need a referral to see a specialist, in most cases.
- Generally pay a portion of the cost for each covered service. There's no yearly limit on what you pay out of pocket, unless you have supplemental coverage (like a Medigap policy, Medicaid, or employer or union coverage).
- Can get supplemental coverage (like a Medigap policy) to help pay your remaining out-of-pocket costs (like your 20% coinsurance). (Go to page 13.)
- Can join a separate Medicare drug plan (Part D). (Go to page 11.)

When you sign up for Part B, you'll have Original Medicare unless you join a Medicare Advantage Plan.

Medicare Advantage (also known as Part C)

Medicare Advantage is an alternative to Original Medicare. These "bundled" plans include Part A, Part B, and usually drug coverage (Part D). These plans are approved and follow the rules set by Medicare. The costs in plans vary, and plans may have lower out-of-pocket costs than Original Medicare. You must have both Medicare Part A and Part B to join.

You can join a Medicare Advantage Plan when you first become eligible for Medicare. For most, this period starts 3 months before you turn 65 and ends 3 months after the month you turn 65. (Go to page 12.)

With Medicare Advantage, you:

- May get some extra benefits that Original Medicare doesn't cover—like certain vision, hearing, and dental services.
- Generally need to use providers who are in the plan's network (for non-emergency or non-urgent care).
- May pay a premium for the plan in addition to the monthly Part B premium.
 Plans may have a \$0 premium or may help pay all or part of your Part B premiums.
- Can't buy a Medigap policy.

Do I need Medicare drug coverage (Part D)?

If you don't have prescription drug coverage, or the coverage you have isn't at least as good as Medicare drug coverage (called creditable coverage), you should consider joining a Part D plan. Your plan must tell you each year if your drug coverage is creditable coverage.

If you want Medicare drug coverage, you can join a separate Medicare drug plan or a Medicare Advantage Plan with drug coverage.

If you join a plan when you're first eligible for Medicare, and you don't have other creditable prescription drug coverage or get Extra Help (page 15), you may have to pay a late enrollment penalty if you join a plan later. Generally, you'll pay this penalty for as long as you have Medicare drug coverage. And, the penalty goes up the longer you wait to join.

Note: Medicare drug coverage is included in most Medicare Advantage Plans. In most types of Medicare Advantage Plans, you can't join a separate Medicare drug plan.

Choosing and joining a plan

You can compare ways to get your Medicare coverage and explore how different plans work together. You can also shop for and compare plans that meet your needs. Visit Medicare.gov/plan-compare, or contact the plan directly.

If you didn't join a Medicare Advantage Plan or a Medicare drug plan when you were first eligible, you'll have at least one chance each year to make changes to your Medicare coverage:

October 15-December 7: You can join, switch, or drop a Medicare Advantage Plan or a Medicare drug plan during this period each year. Your new coverage will begin on January 1 of the next year.

January 1-March 31: If you're in a Medicare Advantage Plan, you can change to a different Medicare Advantage Plan or switch back to Original Medicare (and join a stand-alone Medicare drug plan) once during this time. Any changes you make go into effect the month after the plan gets your request.

Special Enrollment Periods: You may be able to join, switch, or drop Medicare Advantage or Medicare drug plans when certain events happen in your life (like if you move, lose other insurance coverage, and other situations). Visit Medicare.gov to learn more.

Do I need Medicare Supplement Insurance (Medigap)?

Original Medicare pays for much, but not all, of the cost for covered health care services and supplies. If you choose Original Medicare, you may be able to buy a Medicare Supplement Insurance (Medigap) policy from a private company to help pay your out-of-pocket costs in Original Medicare (like your 20% coinsurance). In most cases, you need both Part A and Part B to buy a Medigap policy.

Medigap policies:

- Can cover costs like coinsurance, copayments, and deductibles.
- May offer coverage for services that Original Medicare doesn't cover, like medical care when you travel outside the U.S.
- Generally don't cover long-term care (like care in a nursing home), vision, dental, hearing aids, private-duty nursing, or prescription drugs.

When can I get Medigap?

The best time to buy a Medigap policy is during your Medigap Open Enrollment Period. This 6-month period begins on the first day of the month in which you're 65 or older **and** have Part B. (Some states have additional Open Enrollment Periods.) During this time, you can buy any Medigap policy sold in your state and the insurance company can't deny you because of preexisting health problems.

After the Medigap Open Enrollment Period, you may not be able to buy a Medigap policy, or it may cost more.

If you're under 65, you might not be able to buy the Medigap policy you want, or any Medigap policy, until you turn 65. If you're able to buy one when you're under 65, it may cost more.

Visit Medicare.gov/plan-compare to learn more and compare Medigap policies in your area, or call 1-800-MEDICARE.



Help for People with Limited Income and Resources

You may be able to get help paying for some of your health care and prescription drug costs.

• Medicaid and Medicare Savings
Programs—States have programs that
help pay Medicare costs for people
with limited income and resources.
Visit Medicare.gov/basics/costs/
help to learn more. You can also call
1-800-MEDICARE (1-800-633-4227) to
get the number for your state Medicaid
office. TTY users can call 1-877-4862048.

- Extra Help with Medicare drug costs—If you have limited income and resources, you may qualify to get help paying your Medicare drug costs. To apply for this program, visit SSA.gov/extrahelp, or call Social Security at 1-800-772-1213. TTY users can call 1-800-325-0778.
- Supplemental Security Income (SSI)— SSI is a monthly benefit paid by Social Security to people with limited income and resources who are disabled, blind, or 65 or older. For more information, contact Social Security.

Note: If you live in a U.S. Territory, there are different programs to help you pay your Medicare costs. Call your local Medicaid office to learn more.



Get answers to your Medicare questions:

For questions about signing up for Medicare, visit SSA.gov, or call Social Security at 1-800-772-1213.

For general Medicare information and to find plans in your area, visit Medicare.gov, or call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

For free, personalized health insurance counseling, visit shiphelp.org to contact your State Health Insurance Assistance Program (SHIP).

You have the right to get Medicare information in an accessible format, like large print, braille, or audio. You also have the right to file a complaint if you feel you've been discriminated against. Visit Medicare.gov/about-us/accessibility-nondiscriminationnotice, or call 1-800-MEDICARE (1-800-633-4227) for more information. TTY users can call 1-877-486-2048.

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