Printed: 06/07/2025 Form Approved OMB No. 0938-0391

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
|--|---|---|---|
| NAME OF PROVIDER OR SUPPLIER Southland Rehabilitation and Healthcare Center | | STREET ADDRESS, CITY, STATE, ZI 501 N Medford Dr Lufkin, TX 75901 | P CODE |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | |
| F 0580 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | (Each deficiency must be preceded by full regulatory or LSC identifying information) Immediately tell the resident, the resident's doctor, and a family member of situations (injury/decline/room, etc.) that affect the resident. | | ONFIDENTIALITY** 43994 the physician when the resident Resident #2) reviewed for a change Medical Director of the changes to hospital on 10/31/2024 with sepsis d an unstageable pressure ulcer the Immediate Jeopardy was be at a scope of a pattern and a sthat is not Immediate Jeopardy due of removal and corrective actions. Indicated the admitted to the disease, heart failure (heart's larged prostate). In the triple of the triple of the proper body are incontinent of urine and bowel. In the allowed at the disease with the triple of the proper body of the allowed at |

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 675962

If continuation sheet Page 1 of 20

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION NAME OF PROVIDER OR SUPPLIER Coutblesed Debabilitation and Legistee | care Center | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing STREET ADDRESS, CITY, STATE, ZII 501 N Medford Dr | (X3) DATE SURVEY COMPLETED 11/11/2024 | |
|---|--|--|--|--|
| | care Center | | | |
| Southland Rehabilitation and Healtho | | Lufkin, TX 75901 | CODE | |
| For information on the nursing home's pla | an to correct this deficiency, please conf | act the nursing home or the state survey a | agency | |
| (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | - | | |
| F 0580 Level of Harm - Immediate jeopardy to resident health or safety | Record review of an Admission MDS assessment dated [DATE] for Resident #1 indicated he had moderate impairment in thinking with a BIMS score of 6. He required supervision or touching assistance with toileting hygiene and personal hygiene. He was always continent of urine and bowel. He was not at risk of developing pressure ulcers/injuries and did not have any unhealed pressure ulcers/injuries. | | | |
| Residents Affected - Some | | sident #1 dated 2/28/2024 indicated he to impaired mobility with interventions | | |
| | Record review of a Consultation Note for Resident #1 dated 11/1/2024 from the hospital indicated he had been admitted to the hospital on account of worsening changes involving his sacrococcygeal wound (a pressure injury also known as a bedsore that occurs in the sacrum) with features suggestive of an infect stage IV (full thickness tissue loss with exposed bone, tendon, or muscle) sacrococcygeal decubitus ulce (bedsore). Record review of a Nurse Progress Note for Resident #1 dated 10/31/2024 indicated, .patient out of the facility, went to appointment with Infectious Disease Specialist on this AM, and transportation received no per RP that patient was being admitted to the hospital. Record review of a History and Physical for Resident #1 dated 10/31/2024 from hospital indicated, Resident was sent to the hospital from Infectious Disease Specialist office for infection sacral decubitus ulcer. Assessment and plan of treatment revealed infection with some necrosis decubitus ulcer sacral. | | | |
| | | | | |
| | | | | |
| | | for Resident #1 dated 10/24/2024 by the of spine) and bilateral buttock, stage 3 $0 \times 3.0 \times 0.2$. | The state of the s | |
| | sacrum has deteriorated now prese amount no odor wound bed 50% no left ischial tuberosity measures 3.0 | te for Resident #1 dated 10/24/2024 by nts as a stage 3 measures 3.8 x 4.4 x on-granulated tissues 50% yellow sloug x 3.0 with serous exudate small amour gh peri wound pink excoriated. C/o pai | 0.2 with serous exudate small the peri wound pink and stage 3 to the no odor wound bed 70% | |
| | Record review of a care plan for Resident #1 dated 10/18/2024 indicated he had impairment to skin related to stage 2, updated 10/29/24, now a stage 3. Interventions included air mattress, clean sacrum with normal saline, pat dry and apply calcium alginate to wound bed, and cover with dry dressing daily. Multivitamins with minerals, zinc sulfate, and vitamin c to be given daily for wound healing. | | | |
| | to stage 2 to right ischial tuberosity. that makes up the bottom of the pel | sident #1 dated 10/18/2024 indicated has linterventions included air mattress, clevis) with normal saline, pat dry, and aprier for wounds) q 3 days. Multivitamined healing. | eanse left ischial tuberosity (bone ply exuderm (thin protective | |
| | (continued on next page) | | | |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
|--|--|--|---|
| NAME OF PROVIDER OR SUPPLIER Southland Rehabilitation and Healthcare Center | | STREET ADDRESS, CITY, STATE, ZI 501 N Medford Dr Lufkin, TX 75901 | P CODE |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulators) | | | on) |
| F 0580 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | Record review of a Skin/Wound Note for Resident #1 dated 10/18/2024 by the Treatment Nurse indicated, Excoriation to sacrum had deteriorated and presented as a stage 2 (top layer of skin is broken) measures 3. x 4.0 x 0.2 with serous (bloody) exudate (drainage) small amount no odor wound bed pink and stage 2 to lef ischial tuberosity measures 2.7 x 3.0 with serous exudate small amount no odor wound bed pink peri wound pink excoriated (redness). C/o pain during treatment. Pain meds given. NP notified. New order: cleanse left ischial tuberosity ulcer with normal saline, pat dry, apply exuderm q3 days. Exuderm to left ischial. RP notified. Record review of skin evaluations for Resident #1 dated 9/12/2024 to 10/17/2024 by the Treatment Nurse | | |
| | During a phone interview on 11/8/2 he was admitted to the hospital on She said the facility had been chec Director was giving orders. She sai and it was documented the beginning nursing home. She said he was on her she could not find anything and the infectious disease doctor on 10 sent him to the hospital and said the you could place your fist in it, and stold by the nursing facility that they her father daily and the last time she said it was not open at that time, but damaged tissue) of the wound since the large intestine for stool which cowound. She said they were planning 2. Record review of an Admission of facility on [DATE] and was [AGE] yut (cancer of the prostate), and athered Record review of a Quarterly MDS impairment in thinking with a BIMS which he required supervision or to at risk of developing pressure ulcer ulcers, wounds, and skin problems dermatitis, perspiration, drainage). manage skin problems and application of the record review of a care plan for Record | esident #2 dated 7/18/2023 indicated heated to poor mobility and weakness. Int | an infectious disease physician. WBC's and the facility Medical hospital with altered mental status, hospital 9/6/2024 back to the blood physician and was told by us disease doctor. She said he saw rea on Resident #1's bottom and said there was a huge hole that at the hospital. She said she was n the wound. She said she visited tal stay it looked like raw meat. She ebridement (surgical removal of a colostomy (a surgical opening in o keep feces from getting into the ext week. 4 indicated he admitted to the nalignant neoplasm of prostate ry walls that can block blood flow). 0/2024 indicated he had severe with all ADL's except for eating ontinent of urine and bowel. He was d pressure ulcers/injuries. Other mage (incontinence-associated nutrition or hydration intervention to |

Printed: 06/07/2025 Form Approved OMB No. 0938-0391

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 | |
|--|--|---|---|--|
| NAME OF PROVIDER OR SUPPLIER Southland Rehabilitation and Healthcare Center | | STREET ADDRESS, CITY, STATE, ZIP CODE 501 N Medford Dr Lufkin, TX 75901 | | |
| For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. | | | | |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | | |

F 0580

Level of Harm - Immediate jeopardy to resident health or safety

Residents Affected - Some

Record review of active physician orders dated 11/9/2024 for Resident #2 indicated an order to cleanse scar tissue to sacrum with normal saline, pat dry, and apply exoderm q3 days every day shift every 3 days that started on 10/18/2024.

Record review of a facility Skin Report for the month of October 2024 did not have Resident #2 listed as having a wound or other skin issues.

During an interview on 11/9/2024 at 3:56 PM, the Treatment Nurse said she had been the treatment nurse at the facility for 8 1/2 years and was an LVN. She said she was responsible for skin assessments weekly and responsible for surgical and pressure wounds, venous stasis wounds, and the charge nurses were responsible for the other ones. She said if a new wound were observed if the nurse aide found it during the day, they would notify her. She stated if it were after she left for the day, the nurse aides would let the charge nurse know and put it on the 24-hour report. She said it depended on the type of wound and the severity for if she would be notified the same day or not. If it were a skin tear, she may not be notified until the next day but if it were pressure, they would notify her immediately. She said if a new wound were present for pressure, she would contact the physician, and notify them. She said excoriation looked like redness, scratches, or some type of minor injury without any skin breakage. She said pressure wounds varied according to the stage, stage 1 was non blanchable skin (when touched stays red), stage 2 top layer of skin was missing, stage 3 slough might be present, or it could be a stage 4. She said she staged the wounds. She said she had a lot of education on it and had been to different classes and seminars. The DON would come behind her and look at the wounds and then would notify the physician. She said she would assess the wound, stage it, and let the DON and physician know. She said they did not have a wound care physician that visited the facility and had not had one since she had been employed for 8 1/2 years. She said she was responsible for all the pressure wound treatments for the residents in the facility. She said Resident #1's buttocks started as a scratch from the hospital with excoriation, had small opens on his bottom that were sporadic, and they were using barrier cream after incontinent care episodes. She said the wound was close to his rectum and he continued to have frequent bowel movements throughout the day. She said the interventions started as barrier cream, then an order for exuderm to keep feces out of it, then got wedges to turn q2 hrs, and chair cushion when up. She said she noticed slough, it was a stage 3, and it was about a size of a 50-cent piece. She said he had an appointment in Houston in October, he was gone all day, and noticed he started getting slough on his bottom. She said when the slough started, she got an order for an air mattress to try and relieve pressure on his bottom and a wheelchair cushion, supplements for wound healing. and wound care treatment order changed. She said the treatments were being done daily. She said the wound had gotten worse before he left the facility on [DATE]. She said the wound was so close to his rectum and it was hard to keep the feces out of it. She said they used waterproof nonadherent bandages, but when he had a bowel movement, it would get underneath the bandage, and she had a hard time keeping it out. She said they were contacting the NP and the Medical Director about the wound for Resident #1. She said the NP and the Medical Director would make rounds at about 6 am in the facility and never made rounds with her to see the wound on Resident #1 or any of the other residents. She said if they asked to see the wound it would have been with the charge nurses. She said she was not wound care certified. She said there was a RN weekend supervisor that performed wound care on the weekends. She said there were standing orders for certain types of wounds, if stage 2 would use exoderm, if stage 3 with minimal drainage would use collagen, moderate drainage calcium alginate, if it had depth she could pack, and use collagen powder. She said there was a book that was kept at the nurse desk.

(continued on next page)

| | | | NO. 0730-0371 |
|--|--|--|--|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIER | | STREET ADDRESS, CITY, STATE, ZI | P CODE |
| Southland Rehabilitation and Healt | hcare Center | 501 N Medford Dr Lufkin, TX 75901 | |
| For information on the nursing home's | plan to correct this deficiency, please cont | eact the nursing home or the state survey a | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFIC | TATEMENT OF DEFICIENCIES cy must be preceded by full regulatory or LSC identifying information) | |
| F 0580 | | t 4:29 PM, RN A said she was one of the past 2 1/2 years. She said she was re | |
| jeopardy to resident health or safety Residents Affected - Some | She said she had Resident #1 for d time she saw Resident #1's wound splotchy, some bleeding, some skir ischium seemed to be deeper abou bleeding, he had an exuderm and devery 3 days. She said the sacral with She said she had been notified beforthe Treatment Nurse, and the Treat could get an order for a dressing for During a phone interview on 11/9/21 years. He said part of his duties of preform wound care often. He said for them. He said he used it recently on his sacral and coccyx area which ulcer that had necrotic tissue that we care that he could do. He said he preform wound the said initially the ent and increase granulated tissue that was for new skin growth. He said the pacemaker or located close to a call wounds or ulcers. He said there we granulation buds that you could visit to see buds on the skin that was a gincontinent of bowel/bladder and the traditional nursing care, changing detectum but could be a combination not sure if he was on antibiotics. He that ate through the skin, subcutants. Record review of Physical Therapy 10/30/2024 for Resident #1 indicate non-contact, non-thermal ultrasound. | She said she performed wound care of aily wound care before he discharged on his sacrum it was macerated with a horeakdown, and the top layer of skin of the ail to be a said to be a said he pats and the sacrum with collagen, a wound was right by his rectum and it was one and was told not to stage or classifument Nurse would be the one to measing the wound but could not stage it. 1024 at 5:06 PM, the PT said he had be only sical therapy would be administering he used the Ultramist on several patient yon Resident #1 who had several present were common areas for wounds. He was too painful to debride, so the Ultramier wound was necrotic and the goal who looked nice and was beefy red with going the machine was a small ultrasound management of the would be contraindictore subtle changes on the outside of the bly see and that was how granulation should be contrained to the location, it always had a foul of dead tissue or feces and had to be on the said he gets the wound information for each of the said he gets the wound information for the would have to the location, it always had a foul of dead tissue or feces and had to be on the said he gets the wound information for the would have the said the gets the wound information for the would have the said the gets the wound information for the would have the said he gets the wound information for the would have the said he gets the wound information for the would have the said he gets the wound information for the would have the said he gets the wound information for the would have the said he gets the wound information for the would have the said he gets the wound information for the would have the said he gets the wound information for the would have the said he gets the wound information for the would have the said he gets the wound information for the would have the sacron have | to the hospital. She said the last dressing, noted the skin looked was missing. She said his left ben about 1-2 cm. There was no a dry dressing daily, and exuderm is very hard to keep the area clean. If the wounds because she was not ure and stage them. She said she wound care. He said he did not not into the past and it worked well issure wounds. He said he focused said he had a stage 3 pressure hist was another form of wound is before his hospital admission on as to decrease the necrotic areas and blood flow. He said the goal chine, if the wound were close to a lated. He said it could treat any a wound, as it started to have started. He said when you started wound was close to feces. He was the Ultramist was in addition to apply a new dressing after the odor because it was near the cleaned prior to treatment. He was some the nurses. He had a stage 3 kposed. 10/25/2024, 10/29/2024 and of MIST therapy (low frequency, coccygeal wound due to sharp |

Printed: 06/07/2025 Form Approved OMB No. 0938-0391

| | | | No. 0938-0391 |
|---|--|---|---|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIER | | STREET ADDRESS, CITY, STATE, ZI | P CODE |
| Southland Rehabilitation and Health | nicare Genter | Lufkin, TX 75901 | |
| For information on the nursing home's p | plan to correct this deficiency, please conf | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | C TAG SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | on) |
| Evel of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | September 2023 and worked 6 am she helped with wound care by hole a wound on Resident #1 about a m started out as two small red, circled and a charge nurse about it. She sa Nurse about the wound. She said s for a few days, and came back and bigger. She said the area was bigge wound was on 10/31/2024 before h the wound on 10/31/2024 was bad, inside, and it smelled like dying fles dressing on the wound before he led buring an observation on 11/10/202 C present to provide incontinent can had stool present that had gotten usaid she needed to look at the wound 11/9/2024 had performed wound caprovided incontinent care and a larg with eschar, surrounding skin pink a small open areas. CNA B and CNA During an observation and interview Resident #2. The DON was presen DON said the wound was unstagead dressing temporarily. She said they RN A entered the room and said the say if it looked that way on 11/9/2024 when she tried to remove the crean placed an exoderm over the area puring a follow-up interview and ob provided wound care for Resident #2 close to his anus and they cleaned moist and there was an order for exthe orders. She said she was told to facility or skin issues. She said the message where she sent the Treat Resident #2. The State Surveyor of Treatment Nurse response was Ok #2's sacrum on 11/9/2024 and it on there was not dressing on it, and it | t 5:27 PM, CNA B said she had been ed-6 pm and worked on all halls in the fading and positioning with the weekend onth ago and informed the weekend RI areas in the butt crack on the weekend aid the weekend RN put a bandage on ometime after observing the new area observed no bandage on his buttocks er than the size of a 4 x 4 gauze. She se left for a physician appointment, and both sides of his buttocks were open, the that was yellow and green in color. So fit for that appointment on 10/31/2024. At 8:55 AM, Resident #2 was in his rec. CNA B and CNA C removed a dress inderneath the dressing to the wound. The area and when the dressing was removed and after they cleaned him because she are and when the dressing was removed and white, borders irregular, and some C both said the wound had been that we on 11/10/2024 at 9:10 AM, the DON to to assess the area to his sacrum and able. The DON placed collagen in the word had some protocols that they could go be wound looked like it was unstageable as wound looked like it was unstageable as wound looked like it was unstageable as the wound had a lot of barrin, Resident #2 was in pain and she concer the orders. Servation on 11/10/2024 at 9:32 AM, Fife and the wound was open without a concert the orders. Servation on 11/10/2024 at 9:32 AM, Fife and the wound was open without a concert the orders. Servation on 11/10/2024 at 9:32 AM, Fife and the wound was open without a concert the orders. Servation on 11/10/2024 at 9:32 AM, Fife and the wound was open without a concert the orders. Servation on 11/10/2024 at 9:32 AM, Fife and the wound was open without a concert the orders. | acility. She said on the weekends RN supervisor. She said she found N that he had a bad wound. It d and she told the weekend RN it and put a note for the Treatment on Resident #1, she had been off and the wound had started getting said the last day she saw the he did not come back. She said he could put at least three fingers she said a charge nurse put a room in bed with CNA B and CNA sing to his sacrum as the dressing The DON entered the room and was informed that the nurse on ad, skin came off with it. Staff with the wound bed black in color skin missing with redness and way for a while. and CNA C were in the room of provide wound care treatment. The yound bed and covered with dry by and would notify the physician. With necrotic tissue but could not rier cream. She said on 11/9/2024 and not see the wound bed and she are said on 11/9/2024 she dressing. She said the wound was in it. She said the wound was in it. She said the wound was on the ping of the tothe Treatment Nurse and the rewas not a dressing on Resident the skin did not come off because they had standing orders for wound |

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 675962

If continuation sheet Page 6 of 20

| | | | 110. 0700 0071 |
|--|---|--|--|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIE | | STREET ADDRESS, CITY, STATE, ZI | P CODE |
| Southland Rehabilitation and Healthcare Center | | Lufkin, TX 75901 | |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | on) |
| Eevel of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | facility it was to the secured unit. SI discharged from the secured unit for of the month. She said most of the days of his showers. She said she said she did not get to see his botton asking to see his bottom, it was too visited this past week and asked will buring a follow-up interview and obtime she observed Resident #2's we easier for skin break down. She said received an order to put exuderm of would saturate the brief. She said to fit. She said she observed the arecontact the physician. She observe Surveyor, and she said the wound have had issues with the wound ble his wound at that time. During a phone interview on 11/10/ was informed that the State Survey changes in the facility. He said he would be neither of them were aware of any short proceived phone calls and were Resident #1 had elevated white blo 18. He said it had been going on fo disease physician so they could de think that the wound for Resident # leukocytosis more closely and they was at the hospital but was glad to physician. He said he was not awar about Resident #2. He said skin as the facility twice a week and, in the time. He said he left the wound care evaluate and treat, if not effective the | 2024 at 9:47 AM, the RP of Resident # he said he had been at the facility for 2 or about 2 months. She said she tried to time they keep her updated. She said she was present one day this past week and om, she was used to him having his private. She said they told her he had a bit hy no one called her to inform her before servation on 11/10/2024 at 10:05 AM, and it had a lot of scar tissue from a private with the wound started to crack open and on it. She said Resident #2 would hold they tried to keep the exuderm on the weat that day and it looked like it was stard a picture of the wound of Resident #2 looked like an unstageable wound with the would have to call his NP and call back would have to call his NP and call back would have to call his NP and call back would have to call his NP and the facility and would have to the facility and the facility and the facility and the said the said the elevated white count as the could not pinpoint the cause. He said the elevated white count as the could not pinpoint the cause. He said the sessment were the responsibility of the past, had been asked to look at reside the treatments up to the Treatment Nurse and the would work on changing the total the sessment were day on changing the total the set of appropriate treatment would have ordered appropriat | years. She said he had been of visit him at least three times out she had been at the facility on the dobserved staff change him. She wacy, and when she thought about sed sore on his bottom when she re then. The Treatment Nurse said the last previous wound which made it it looked like excoriation and nis urine and when he urinated, he wound and keep urine and feces outing to try to open, and she did 2 that was taken by the State black tissue noted. She said they derm would not be appropriate for a reaid he was out of town, and he them contacting him with any of them to follow. He said they did not mind calling them. He said down with the highest being about a appointment with an infectious are blood cells. He said they did not not a proposition of the was not aware that Resident #- of him seeing the infectious diseas that day when the NP was notified ants with wounds but not in a long at the facility, as she would reatments. He said if he had know |

Printed: 06/07/2025 Form Approved OMB No. 0938-0391

| | | | 110. 0700 0071 |
|--|--|--|--|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIE | ER | STREET ADDRESS, CITY, STATE, ZI | P CODE |
| Southland Rehabilitation and Healthcare Center | | 501 N Medford Dr Lufkin, TX 75901 | |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey a | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | on) |
| Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | and if the shower techs noticed any conducted a skin assessment about said she looked at the skin in the far make sure the residents had barrie staged the wounds and classified the issue was found, and she assessed the staff found something they could care physician about a few weeks the staff found something they could care physician about a few weeks the staff found something they could care physician about a few weeks the staff found something they could care physician about a few weeks the staff found something they can have any slough or necrotic tissue and had elevated WBCs before the therapy, was on antibiotics, constain Director, and his WBCs never went ago and the excoriation to his sacrutherapy started seeing him and he low-frequency ultrasound to the word direct wound contact) wound therapy condition and if wounds changed. Such they changed orders for dressings Resident #2's wound. She said the said when a new skin issue was ideased along with more frequent. During an interview on 11/11/2024 some excoriation to his buttocks. Such 11/8/2024 and said the area was not aware excoriation to his buttocks. Such the said when a new skin issue was ideased along with more frequent. The said when a new skin issue was ideased along with more frequent. The said when a new skin issue was ideased when a new skin i | Freatment for the Treatment Nurse sate | them weekly. She said she for the residents in the facility. She with a lot of incontinent care to ew staff in the facility. She said she wild let her know when a new skin only a RN could stage the wounds, if she did a contract with a wound wided care to Resident #2 on round had excoriation but did not les started with minor excoriation, work frequently. She said he had IV o appointments, saw the Medical and went to the hospital a while a had orders for supplements and anoncontact, noninvasive, er the ultrasound, so there is no if to the physician for any change in the of Resident #1's wound and said Medical Director was not aware of the physician was not notified. She any changes so the area would be plan so everyone would be aware. The was aware that Resident #2 had a Resident #2 resided on Friday RP had taken him to multiple in. She said Resident #1 had a sesessments were to be done did the wounds. She said she was ident #2's wound. She said the with the residents and there was a led 5/8/2024 indicated she showed for general skin protocol indicated |

(continued on next page)

any change in the resident's skin condition must be documented, and the physician and responsible party were to be notified dated 4/9/2024 and signed by the Medical Director.

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 | |
|--|---|---|---|--|
| NAME OF PROVIDER OR SUPPLIE | NAME OF PROVIDED OF SUPPLIED | | P CODE | |
| Southland Rehabilitation and Healt | | STREET ADDRESS, CITY, STATE, ZI 501 N Medford Dr Lufkin, TX 75901 | PCODE | |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. | |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | on) | |
| F 0580 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | Record review of a facility policy titled Skin and Wound Monitoring and Management indicated, .lt is the policy of this facility that: 1. A resident who entered the facility was unavoidable; 7. Communication of changes: a. Any of the resident's skin as identified daily, weekly, monthly, or otherwise, must be con resident/responsible party, the resident's physician, and others as necessary to face | | | |
| | This was determined to be an Immediate Jeopardy (IJ) on 11/10/2024 at 11:15 AM. The facility's Administrator and the DON were notified. The Administrator was provided the IJ template on 11/10/2024 at 12:04 PM. | | | |
| | The following Plan of Removal (PC | PR) submitted by the facility was accept | ted on 11/10/2024 at 4:50 PM. | |
| | Plan of Removal 11-10-2024 | | | |
| | F580 | | | |
| | The facility needs to take immediat worsening of pressure sores. | e action to ensure proper physician not | tification is made to prevent | |
| | 1.The Medical Director was notified | d of IJ on 11/10/2024 at 12:45pm. | | |
| | 2.Review of the 24-hour report was by DON, ADON on 11/10/24. | completed for the last 72 hours to ens | sure family and MDs were notified | |
| | 3.Education was initiated with Nurses on 11/10/2024 and will be completed on 11/10/2024 b ADON, and Clinical Resource. The training included Nurse Assessment, Change in Condition documentation of the change in condition, notification to the physician, notification of family, resident's health condition with the attending physician, and when to reach out to the Medica assigned physician is not available. The DON, ADONs, and Clinical Resource used facility pin condition facility procedures on head-to-toe assessment, and notification to family and MD | | | |
| | 4.A knowledge check form, to ascertain staff understanding of training, will be initiated with nurses 11/10/2024 and will be completed for all nurses either in-person or via telephone on 11/11/2024at 6pm. The Clinical Resource will complete tracking for education and knowledge check form completion for each nurse. | | | |
| | 5. This education and knowledge check will be completed with facility nurses on 11/10/2024 and 11/11/2024 by 6pm, all nurses will complete education prior to start of their next shift. This reeducation may be in-person or over the phone with the DON, ADONs, or Clinical Resource. This education will also be included in the new hire orientation and will be included for agency /PRN staff (currently the facility does not utilize agency). | | | |
| | (continued on next page) | | | |
| | | | | |
| | | | | |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
|--|--|--|--|
| NAME OF PROVIDER OR SUPPLIER | | STREET ADDRESS, CITY, STATE, ZI | P CODE |
| Southland Rehabilitation and Healthcare Center | | 501 N Medford Dr Lufkin, TX 75901 | |
| For information on the nursing home's p | plan to correct this deficiency, please con | Lact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifyi | | ion) |
| F 0580 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | 6.An ad hoc meeting regarding iten Administrator, DON, Medical Direct were developed, reviewed, and will 7.Changes in condition will be revie consulted for any recommendations to attend weekly clinical meetings to | ns in IJ template will be completed on tor, and Clinical Resource. The Plan of be agreed upon. ewed during the weekly clinical meeting or suggestions. The Administrator, Do include review of residents with charns, notifications of Resident Responsib | 11/11/2024 Attendees include removal items and interventions g and the Medical Director will be ON, ADON, MDS and/or designees age in conditions, hospital transfers |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 | | |
|---|---|--|---|--|--|
| NAME OF PROVIDER OR SUPPLIER | | STREET ADDRESS, CITY, STATE, ZI | P CODE | | |
| Southland Rehabilitation and Healthcare Center | | 501 N Medford Dr Lufkin, TX 75901 | . 6652 | | |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. | | |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | | | |
| F 0686 | Provide appropriate pressure ulcer care and prevent new ulcers from developing. | | | | |
| Level of Harm - Immediate | **NOTE- TERMS IN BRACKETS H | HAVE BEEN EDITED TO PROTECT CO | ONFIDENTIALITY** 43994 | | |
| jeopardy to resident health or safety Residents Affected - Some | Based on observations, interviews, and record review, the facility failed to ensure the necessary treand services, in accordance with comprehensive assessment and professional standards of practic prevent development of pressure injuries was provided for 2 of 6 Residents (Resident #1 and Residence reviewed for pressure injuries. | | | | |
| | The facility failed to prevent Resident #1 from developing a wound to his sacrum that changed from excoriation to a stage 4 pressure ulcer on 10/24/2024. Resident #1 admitted to the hospital on 10/31/2024 with sepsis (infection in the blood) and osteomyelitis (infection in the bone). | | | | |
| | The facility failed to prevent Resident #2 from developing a wound to his sacrum that changed from excoriation to an unstageable wound on 11/10/2024. | | | | |
| | The facility failed to follow their skin and wound policy by not notifying the Medical Director of the changes to Resident #1 and #2's wounds. | | | | |
| | The facility failed to accurately asse | ess Resident #1 and #2's pressure sore | es. | | |
| | An Immediate Jeopardy was identified on 11/10/2024 at 11:15 AM. While the Immediate Jeopardy was removed on 11/11/2024 at 2:15 PM, the facility remained out of compliance at a scope of a pattern and a severity level of no actual harm with potential for more than minimal harm that is not Immediate Jeopardy due to the facility's need to monitor and evaluate the effectiveness of the plan of removal and corrective actions. | | | | |
| | These failures could place residents at risk for new development or worsening of existing pressure injuries, pain, and decreased quality of life. | | | | |
| | Findings included: | | | | |
| | 1.Record review of an Admission Record dated 11/9/2024 for Resident #1 indicated he admitted to the facility on [DATE] and was [AGE] years old with diagnosis of Alzheimer's disease, heart failure (heart's inability to pump blood effectively) and benign prostatic hyperplasia (enlarged prostate). Record review of an Admission MDS assessment dated [DATE] for Resident #1 indicated he had mod impairment in thinking with a BIMS score of 6. He required supervision or touching assistance with toil hygiene and personal hygiene. He was always continent of urine and bowel. He was not at risk of deveromersure ulcers/injuries and did not have any unhealed pressure ulcers/injuries. | | | | |
| | | | | | |
| | Record review of a Quarterly MDS assessment dated [DATE] for Resident #1 indicated he has severe impairment in thinking with a BIMS score of 1. He was dependent on staff for all ADLs except for upper be dressing which he required substantial/maximal assistance. He was always incontinent of urine and bow He was at risk of developing pressure ulcers/injuries. He did not have any unhealed pressure ulcers/injuries. Other ulcers, wound and skin problems indicated he had moisture associated skin damage (incontinence-associated dermatitis, perspiration, drainage). Treatments included applications of ointments/medications. (continued on next page) | | | | |
| | | | | | |

| | | | NO. 0936-0391 |
|--|---|--|--|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIER Southland Rehabilitation and Healthcare Center | | STREET ADDRESS, CITY, STATE, ZI 501 N Medford Dr Lufkin, TX 75901 | P CODE |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | |
| F 0686 Level of Harm - Immediate jeopardy to resident health or safety | Record review of a care plan for Resident #1 dated 10/18/2024 indicated he had impairment to skin related to stage 2 updated 10/29/24 now a stage 3. Interventions included air mattress, clean sacrum with normal saline, pat dry and apply calcium alginate to wound bed, cover with dry dressing daily. Multivitamins with minerals, zinc sulfate and vitamin c to be given daily for wound healing. | | |
| Residents Affected - Some | Record review of a care plan for Resident #1 dated 10/18/2024 indicated he had impairment to skin related to stage 2 to right ischial tuberosity. Interventions included air mattress, cleanse left ischial tuberosity (bone that makes up the bottom of the pelvis) with normal saline, pat dry and apply exuderm (thin protective dressing to provide a protective barrier for wounds) q 3 days. Multivitamins with minerals, zinc sulfate and vitamin c to be given daily for wound healing. | | |
| | Record review of a care plan for Resident #1 dated 2/28/2024 indicated he had pressure ulcer or potentic pressure ulcer development related to impaired mobility with interventions to notify nurse immediately of new areas of skin breakdown. | | |
| | | for Resident #1 dated 9/12/2024 to 10/ teral buttock and no other skin issues r | |
| | Record review of a Skin/Wound Note for Resident #1 dated 10/18/2024 by the Treatment Nurse indicate Excoriation to sacrum had deteriorated and presented as a stage 2 (top layer of skin is broken) measure x 4.0 x 0.2 with serous (bloody) exudate (drainage) small amount no odor wound bed pink and stage 2 ischial tuberosity measures 2.7 x 3.0 with serous exudate small amount no odor wound bed pink peri we pink excoriated (redness). C/o pain during treatment. Pain meds given. NP notified. New order: cleanse ischial tuberosity ulcer with normal saline, pat dry, apply exuderm q3 days. Exuderm to left ischial. RP notified. | | |
| | | for Resident #1 dated 10/24/2024 by the of spine) and bilateral buttock, stage $3.0 \times 3.0 \times 0.2$. | |
| | sacrum has deteriorated now prese amount no odor wound bed 50% n left ischial tuberosity measures 3.0 | ote for Resident #1 dated 10/24/2024 by ents as a stage 3 measures 3.8 x 4.4 x on-granulated (tissues 50% yellow slou x 3.0 with serous exudate small amoulugh peri wound pink excoriated. C/o paid | 0.2 with serous exudate small agh peri wound pink and stage 3 to not no odor wound bed 70% |
| | Record review of a Nurse Progress Note for Resident #1 dated 10/31/2024 indicated, patient out of the facility, went to appointment with Infectious Disease Specialist on this AM and transportation received notice per RP that patient was being admitted to the hospital. | | |
| | #1 was sent to the hospital from In | hysical for Resident #1 dated 10/31/202 fectious Disease Specialist office for inferevealed infection with some necrosis | fection sacral decubitus ulcer. |
| | Record review of a Pathology Repo coccyx had acute osteomyelitis (int | ort dated 10/31/2024 for Resident #1 in fection in the bone). | dicated a bone biopsy of the |
| | (continued on next page) | | |

| | | | No. 0936-0391 |
|--|--|---|---|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIER Southland Rehabilitation and Healthcare Center | | STREET ADDRESS, CITY, STATE, ZIP CODE 501 N Medford Dr Lufkin, TX 75901 | |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | |
| F 0686 Level of Harm - Immediate jeopardy to resident health or safety | Record review of a Consultation Note for Resident #1 dated 11/1/2024 from hospital indicated he had been admitted to the hospital on account of worsening changes involving his sacrococcygeal wound (a pressure injury also known as a bedsore that occurs in the sacrum) with features suggestive of an infected stage IV (full thickness tissue loss with exposed bone, tendon, or muscle) sacrococcygeal decubitus ulcer (bedsore). | | |
| Residents Affected - Some | I . | | 1/8/2024 indicated sepsis (blood |
| | Record review of a Clinical Documentation Form for Resident #1 dated 11/8/2024 indicated sepsis (blood infection all over the body) was present on admission. During a phone interview on 11/8/2024 at 4:55 PM, RP for Resident #1 said he was at the hospital. She set he was admitted to the hospital on 10/31/2024 from an appointment with an infectious disease physician. She said the facility had been checking labs for him and he had elevated WBC's and the facility Medical Director was giving orders. She said on 8/31/2024 he was admitted to the hospital with altered mental stat and it was documented the beginning of a wound. He discharged from the hospital 9/6/2024 back to the nursing home. She said he was on antibiotics, and they sent him to see a blood physician and was told by her she could not see find anything and was told he needed to see an infectious disease doctor. She said saw the infectious disease doctor on 10/31/2024 and he immediately saw an area on Resident #1's botton and sent him to the hospital and said that was the source of his infection. She said there was a huge hole that you could place your fist in, and she did not see it until Resident #1 was at the hospital. She said she was told by the nursing facility that they were using some type of saline spray in the wound. She said she visited her father daily and the last time she saw the wound before the last hospital stay it looked like raw meat. She said it was not open at that time, but it looked bad. She said he had one debridement (surgical removal of damaged tissue) of the wound since admission to the hospital and he had a colostomy (a surgi opening in the large intestine for stool which collects into a bag outside of the body) to keep feces from getting into the wound. She said they were planning on another debridement sometime next week. 2. Record review of an Admission Record for Resident #2 dated 11/9/2024 indicated he admitted to the facility on [DATE] and was [AGE] years old with diagnoses of dementia, malignant neoplasm of prostate (c | | an infectious disease physician. WBC's and the facility Medical hospital with altered mental status, hospital 9/6/2024 back to the blood physician and was told by ectious disease doctor. She said he an area on Resident #1's bottom She said there was a huge hole was at the hospital. She said she pray in the wound. She said she set hospital stay it looked like raw as had one debridement (surgical and he had a colostomy (a surgical and he had severe from the had severe |

Printed: 06/07/2025 Form Approved OMB No. 0938-0391

| | and Services | | No. 0938-0391 |
|--|--|---|---|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIER Southland Rehabilitation and Healthcare Center | | STREET ADDRESS, CITY, STATE, ZIP CODE 501 N Medford Dr Lufkin, TX 75901 | |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | |
| F 0686 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | Record review of active physician orders dated 11/9/2024 for Resident #2 indicated an order to cleanse scatissue to sacrum with normal saline, pat dry and apply exoderm q3 days every day shift every 3 days that started on 10/18/2024. During an interview on 11/9/2024 at 3:56 PM, the Treatment Nurse said she had been the treatment nurse at the facility for 8 1/2 years and was an LVN. She said she was responsible for skin assessments weekly and responsible for surgical and pressure wounds, venous stasis wounds and the charge nurses were responsible for the other ones. She said if a new wound were observed if the nurse aide found it during the day, they would notify her and if it were after she left for the day, the nurse aides would let the charge nurse know and put it on the 24-hour report. She said it depended on the type of wound and the severity if she would be notified the same day or not, if it were a skin tear, she may not be notified until the next day but if i were pressure, they would notify her immediately. She said if a new wound were present for pressure, she would contact the physician and notify them. She said excoriation looked like redness, scratches, or some type of minor injury without any skin breakage. She said pressure wounds varied according to the stage, stage 1 was non blanchable skin (when touched stays red), stage 2 top layer of skin was missing, stage 3 slough might be present, or it could be a stage 4. She said she staged the wounds. She said she had a lot of education on it and had been to different classes and seminars and the DON would come behind her and look at the wounds and then would notify the physician. She said she would assess the wound, stage it, and let the DON and physician know. She said the or and look at the wound one since she had been employed for 8 1/2 years. She said she was responsible for all the pressure wound treatments for residents in the facility. She said Resident #1 buttocks started as a scratch | | |

Record review of a Skill Checklist-Treatment for the Treatment Nurse sated 5/8/2024 indicated she showed competency of treatments that was observed by the DON.

from the hospital with excoriation, had small opens on his bottom that were sporadically, and they were using barrier cream after incontinent care episode. She said the wound was close to his rectum and he continued to have frequent bowel movements throughout the day. She said the interventions started as barrier cream and then an order for exuderm to keep feces out of it and then got wedges to turn q2 hrs and chair cushion when up. She said she noticed slough and it was a stage 3 and was about a size of a 50-cent piece. She said he had an appointment in Houston in October, and he was gone all day and noticed he started getting slough on his bottom. She said when the slough started, got an order for an air mattress to try and relieve pressure on his bottom and a wheelchair cushion, supplements for wound healing and wound care treatment order changed. She said the treatments were being done daily. She said the wound had gotten worse before he left the faciity on [DATE]. She said the wound was so close to his rectum and it was hard to keep feces out of it. She said they used waterproof nonadherent bandages, but when he had a bowel movement, it would get underneath the bandage and had a hard time keeping it out. She said they were contacting the NP and the Medical Director about the wound for Resident #1. She said the NP and the Medical Director would make rounds at about 6 am in the facility and never made rounds with her to see the wound on Resident #1 or any of the other residents. She said if they asked to see the wound it would have been with the charge nurses. She said she was not wound care certified. She said there was a RN weekend supervisor that performed wound care on the weekends. She said there were standing orders for certain types of wounds, if stage 2 would use exoderm, if stage 3 with minimal drainage would use collagen, moderate drainage calcium alginate, if it had depth could pack and use collagen powder. She said there was a book that was kept at the

(continued on next page)

nurse desk.

| | | | NO. 0936-0391 |
|--|--|--|--|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIER Southland Rehabilitation and Healthcare Center | | STREET ADDRESS, CITY, STATE, ZIP CODE 501 N Medford Dr Lufkin, TX 75901 | |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| | | | on) |
| F 0686 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | Lufkin, TX 75901 Lufkin, TX 75901 SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) Record review of Standing Orders for skin for the facility indicated orders for general skin protocol indicany change in the resident's skin condition must be documented, the physician and responsible party not dated 4/9/2024 and signed by the Medical Director. During an interview on 11/9/2024 at 4:29 PM, RN A said she was one of the weekend supervisors and worked every other weekend for the past 2 1/2 years. She said she was responsible for everything that on in the facility except for staffing. She said she performed wound care on the weekends for the reside She said had Resident 4f for daily wound care before he discharged to the hospital. She said the last it she saw Resident #1's wound on his sacrum it was macerated with a dressing noted the skin looked splotchy, some bleeding, some skin breakdown-top layer of skin missing. She said his left ischium seen be deeper about a quarter size in diameter-was open about 1-2 cm-no bleeding and had an exuderm ard dressing on sacrum with collagen and dry dressing daily and exuderm every 3 days. She said the sacra wound was right by his rectum and was very hard to keep the area clean. She said she had been notific before and was told not to stage or classify the wounds because she was not, and the treatment nurse to be the one to measure and stage them. She said she could get an order for a dressing for the wound but could not stage it. During an interview on 11/9/2024 at 5:27 PM, CNA B said she had been employed at the facility for September 2023 and worked 6 am-6 pm and worked on all halls in the facility. She said on the weekend she helped with wound care by holding and positioning with the weekend RN supervisor. She said the late of the supervisor is seally the supervisor. She said the late of the supervisor is seally the supervisor. She said the late of the supervisor is seally the supervisor. She said the l | | for general skin protocol indicated sician and responsible party notified the weekend supervisors and esponsible for everything that went in the weekends for the residents, is enospital. She said the last time using noted the skin looked She said his left ischium seemed to be ding and had an exuderm and ery 3 days. She said the sacral She said she had been notified not, and the treatment nurse would or a dressing for the wound but employed at the facility for exility. She said on the weekends RN supervisor. She said she found N that he had a bad wound as it d and told the weekend RN and a put a note for the Treatment Nurse sident #1, she had been off for a new ound had started getting said the last day she saw the he did not come back. She said in and could put at least three color. She said a charge nurse put 4. Toom in bed with CNA B and CNA sing to his sacrum as the dressing DON entered the room and said informed that the nurse on ed, skin came off with it. Staff with the wound bed black in color missing with redness and small |
| | | | |

Printed: 06/07/2025 Form Approved OMB No. 0938-0391

| enters for Medicare & Medicard Services | | No. 0938-0391 | |
|--|--|---|---|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIE | ER | STREET ADDRESS, CITY, STATE, ZI | P CODE |
| Southland Rehabilitation and Healthcare Center | | 501 N Medford Dr Lufkin, TX 75901 | |
| | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFIC | MENT OF DEFICIENCIES st be preceded by full regulatory or LSC identifying information) | |
| F 0686 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | Resident #2. DON was present to a DON said the wound was unstagea dressing temporarily. She said they RN A entered the room and said th say if it looked that way on 11/9/202 remove the cream, Resident #2 wa exoderm over the area per the order During a follow-up interview and obprovided wound care for Resident #2 close to his anus and they cleaned moist and there was an order for exthe orders. She said she was told to facility or skin issues. She said the message where she sent the Treat Resident #2. Surveyor observed the Nurse response was Ok, with a thu sacrum on 11/9/2024 and only had not dressing on it, and it had zinc ostation and then would contact the During a phone interview on 11/10/facility it was to the secured unit. Sidischarged from the secured unit for the month. She said most of the days of his showers. She said she said she did not get to see him bott about it asking to see his bottom, it | w on 11/10/2024 at 9:10 AM, the DON assess the area to his sacrum and provable. The DON placed collagen in the work had some protocols that they could gree wound looked like it was unstageable 24 because the wound had a lot of barries in pain and she could not see the woers. Disservation on 11/10/2024 at 9:32 AM, Figure 2 and the wound was open without a chim up and the area had zinc cream or cuderm to be applied to the scar tissue to let the Treatment nurse know of any wound had been present since Octobe ment Nurse a message to inform her the text message that was sent to the Trambs up emoji. She said there was not an order for exuderm and the skin did xide. She said they had standing order physician with any new skin issues. 12024 at 9:47 AM, the RP of Resident # the said he had been at the facility for 2 for about 2 months. She said she tried to time they keep her updated. She said swas present one day this past week and som, and she was used to him having he was too late. She said they told her hed asked why no one called her to inform | ide wound care treatment. The round bed and covered with dry by and would notify the physicial with necrotic tissue but could no rier cream and when she tried to und bed and she placed an the dressing. She said the wound was en it. She said the wound was very a so she placed a 4x4 exuderm per changes to any wounds in the error, 2024. RN A still had the text that the zinc was not helping eatment Nurse and the Treatment and dressing on Resident #2's not come off because there was as for wound care at the nurse error wound care at the nurse of the property of the property of the property of the property of the dobserved staff change him. She is privacy and when she thought had a bed sore on his bottom |

During a follow-up interview and observation on 11/10/2024 at 10:05 AM, the Treatment Nurse said the last time she observed Resident #2's wound it had a lot of scar tissue from a previous wound which made it easier for skin break down. She said the wound started to crack open and looked like excoriation and received an order to put exuderm on it. She said Resident #2 would hold his urine and when he urinated, he would saturate the brief. She said they tried to keep the exuderm on the wound and keep urine and feces out of it. She said she observed the area that day and it looked like it was starting to try to open, and she would contact the physician. She observed a picture of the wound of Resident #2 that was taken by the Surveyor, and she said the wound looked like an unstageable wound with black tissue noted. She said they have had issues with the wound bleeding in some areas. She said an exuderm would not be appropriate for his wound at that time.

During a phone interview on 11/10/2024 at 10:11 AM, the Medical Director said he was out of town, and he was informed that the Surveyor had questions about the facility and them contacting him with any changes in the facility. He said he would have to call his NP and call back.

(continued on next page)

| | | | NO. 0936-0391 |
|---|--|--|--|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIE | ER | STREET ADDRESS, CITY, STATE, ZI | P CODE |
| Southland Rehabilitation and Healthcare Center | | 501 N Medford Dr Lufkin, TX 75901 | |
| For information on the nursing home's | plan to correct this deficiency, please conf | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | on) |
| Evel of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | neither of them were aware of any south received phone calls and were Resident #1 had elevated white blo 18. He said it had been going on fo disease physician so they could dethink that the wound for Resident # leukocytosis more closely and they was at the hospital but was glad to physician. He said he was not awar about Resident #2. He said skin as the facility twice a week and, in the time. He said he left the wound care evaluate and treat, if not effective the about the skin issues, then they wo During an interview on 11/11/2024 responsible for wound care treatmend if the shower techs noticed any conducted a skin assessment about said she looked at skin in the facility sure the residents had barrier crear staged the wounds and classified the issue was found, and she assess a staff found something they could or physician about a few weeks that whe 11/8/2024 and did not see any sloud slough or necrotic tissue present. Selevated WBCs before the wounds was on antibiotics, constantly doing and his WBCs never went down. Silexcoriation to his sacrum continued started seeing him and he received physician for any change in condition Resident #1's wound and said they Medical Director was not aware of I the physician was not notified. She | 2024 at 10:30 AM, the Medical Directostanding orders for wounds in the facility and the facility and cell counts that were going up and rabout a month and they made him artermine the source of the elevated whith 1 started the elevated white count as the could not pinpoint the cause. He said hear it because that was the purpose of the of any skin issues in the facility until sessment were the responsibility of the past, had been asked to look at reside the treatments up to the Treatment Nursement they would work on changing the truld have ordered appropriate treatments. She said the Treatment Nurse was thing they would tell her, and she did to once a week and an overall monthly to once a week and an overall monthly to once a week because she helped with the said the Treatment Nurse was them. She said the Treatment Nurse word stage if appropriate. She said only and stage if appropriate. She said she would start soon. She said she provided that the said Resident #1's wounds started that the said Resident #1's wounds started that the wound in the said Resident #1's wounds started that the wounds would start soon. She said he had orders Ultramist wound therapy in the facility on and if wounds changed. She said there we said when a new skin issue was identical sessessed along with more frequent most assessed along with more frequent most session. | ty for them to follow. He said they and down with the highest being about appointment with an infectious to appointment with an infectious to appointment with an infectious to blood cells. He said they did not ney looked at residents with the was not aware that Resident #1 of him seeing the infectious disease that day when the NP was notified a nursing staff. He said he visited ints with wounds but not in a long that a the facility, as she would reatments. He said if he had known that at that time. Int Nurse and Weekend RN were as responsible for skin assessments them weekly. She said she for the residents in the facility. She ha lot of incontinent care to make the first in the facility. She said she would let her know when a new skin at RN could stage the wounds if the did a contract with a wound care at care to Resident #2 on Friday and excoriation but did not have any with minor excoriation, and had aluently. She said he had IV therapy, the thospital a while ago and the for supplements and therapy. She said they reported to the edical Director was aware of the did the Ultramist. She said the ras a risk for wound deterioration if fied, they should notify the nurse of |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
|--|---|--|--|
| NAME OF PROVIDER OR SUPPLIER | | STREET ADDRESS, CITY, STATE, ZI | P CODE |
| Southland Rehabilitation and Healthcare Center | | 501 N Medford Dr | . 6002 |
| | | Lufkin, TX 75901 | |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | |
| F 0686 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | | | e was aware that Resident #2 had a Resident #2 resided on Friday RP had taken him to multiple in. She said Resident #1 had in assessments were to be done do the wounds. She said she was sident #2's wound. She said the with the residents and there was a management revised 1/2022 facility without pressure injury for other factors demonstrate that a sident as a communicated to: the arry to facilitate healing. 11:15 AM. The facility's and It |
| | (continued on next page) | | |

| | | | No. 0936-0391 |
|--|---|--|--|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIER Southland Rehabilitation and Healthcare Center | | STREET ADDRESS, CITY, STATE, ZIP CODE 501 N Medford Dr | |
| | | Lufkin, TX 75901 | |
| For information on the nursing home's | plan to correct this deficiency, please con | tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | |
| F 0686 Level of Harm - Immediate jeopardy to resident health or safety | 6. Education initiated 11/10/2024 by Clinical Resource with, DON, ADON, Nurses, CMAs, and CNAs that included change in condition procedures for wounds, change in behaviors, refusal of care, turning and repositioning, notification of changes in wounds, interventions, and preventions, as well as communication between Nursing staff and health care professionals; will be completed by 11/11/2024 by 6pm. Any staff unable to attend will not be allowed to work unless they have received their training and knowledge check. | | |
| Residents Affected - Some | 7. All licensed nurses will complete competency on skin assessments initiated on 11/10/24 and will be completed 11/11/2024 by 6pm by DON, ADON, and Clinical Resource. | | |
| | | ency on skin check initiated on 11/10/20 N, MDS Nurse, and Clinical Resource. | 024 and will be completed on |
| | 9. This training and competencies will be completed in-person with all staff prior to the start of their next shift. A member of management will be at the facility at each change of shift to ensure all staff complete training prior to going to work on the floor. Staff will not be allowed to work unless they have completed the training and competency checks. This training will also be included in the new hire orientation and will be included for any PRN staff prior to starting work on the floor. These staff will not be allowed to work unless they have received their training and knowledge check. | | |
| | 10. An ad hoc QAPI meeting regarding items in the IJ template will be completed on 11/10/2024. | | |
| | Attendees will include the Medical Director, Clinical Resource, Administrator, DON, ADON, and will include the plan of removal items and interventions. | | |
| | 11. The DON, ADON or Clinical Resource will verify staff competency with 10 staff weekly using the skin check competency checklists. | | |
| | Director will be consulted for any reinclude but not limited to the DON, | ers will be reviewed during the weekly c ecommendations or suggestions, as ne ADON, Rehab Director, and Wound N is meeting is held weekly and all resider | cessary. Meetings attendees to urse. The DON and Administrator |
| | | ction to be reviewed by QAPI Committe I and continue monthly for 90days to er | |
| | 14.Resident #1 is no longer a resid | lent in the facility. | |
| | | ed off on wound care, in-serviced on po and responsible party on 11-10-2024 a | |
| | The State Surveyors monitored the | e Plan of Removal as follows: | |
| | Record review of the POR for F686 | 6 was signed by the Medical Director da | ated 11/11/2024. |
| | (continued on next page) | | |
| | | | |
| | | | |

| | | | 10.0936-0391 |
|--|--|---|---|
| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675962 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 11/11/2024 |
| NAME OF PROVIDER OR SUPPLIER Southland Rehabilitation and Healthcare Center | | STREET ADDRESS, CITY, STATE, ZIP CODE 501 N Medford Dr | |
| For information on the nursing home's | plan to correct this deficiency, please con | Lufkin, TX 75901 tact the nursing home or the state survey | agency. |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | |
| F 0686 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Some | Record review of Braden Scales (a facility dated 11/10/2024 indicated Record review of Braden Scales at residents were identified as being the Record review of a care plan for Record review of a ca | assessment to determine risk for pressi 83 of 83 residents had updated Brader udit for all residents in the facility dated high risk for pressure ulcers. All resident esident #2 dated 11/102024 indicated a coccyx. Interventions included air mattr | ure ulcers) for all Residents in the n scales. 11/10/2024 indicated 15 of 83 nts care plans were updated. he had actual impairment to skin |
| | | | |