

Department of Health & Human Services  
Centers for Medicare & Medicaid Services

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Form Approved OMB  
No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  495303	(X2) MULTIPLE CONSTRUCTION  A. Building B. Wing	(X3) DATE SURVEY COMPLETED  09/13/2023
NAME OF PROVIDER OR SUPPLIER  Three Rivers Health & Rehab Center		STREET ADDRESS, CITY, STATE, ZIP CODE  2960 Chelsea Road West Point, VA 23181	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0552  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few	<p>Ensure that residents are fully informed and understand their health status, care and treatments.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 31199</b></p> <p>Based on staff interview, Ombudsman interview, family interview, facility documentation review, clinical record review, and in the course of a complaint investigation, the facility staff failed to ensure a demented resident's responsible party and physician were notified of a change in treatment for one resident (Residents #2) in a survey sample of four (4) residents.</p> <p>For Resident #2, the facility discontinued all of the resident's cardiac, antihypertensive, and blood thinning medications after 30 days, and did not notify the physician, nor family of the discontinuance. These following medications were discontinued: Diltiazem, Metoprolol, and Apixaban anticoagulation (blood thinner) medication for new onset atrial fibrillation.</p> <p>The findings included:</p> <p>Resident #2 was admitted to the facility on [DATE] from the hospital. Diagnoses included, new onset atrial fibrillation, aortic valve stenosis, aortic valve insufficiency, likely acute heart attack, long term use of anticoagulants, hypertension, high cholesterol, mild protein calorie malnutrition, and dementia.</p> <p>Resident #2's most recent Minimum Data Set (MDS) with an assessment reference date (ARD) of 07/10/2023 was coded as a 5-day admission assessment. Resident #2 was coded as having a Brief Interview of Mental Status (BIMS) score of 6 out of a possible 15, revealing significant cognitive impairment. Resident #2 was also coded as requiring extensive assistance to complete dependence on staff to perform activities of daily living, such as bed mobility, transferring, locomotion, and toileting.</p> <p>Hospital records from 06/26/2023 through 07/03/2023 were reviewed and revealed the following:</p> <p>Resident #2 was discharged from the hospital to the nursing facility with new onset atrial fibrillation with rapid ventricular response on 07/03/2023. The resident was issued the customary 30-day new orders for all medications from a hospitalist doctor after being stabilized in the hospital. The hospital doctor's intention was for the resident to follow-up with the resident's PCP and Cardiology doctors to monitor and continue those orders. This provides for continuity of care for discharge to the nursing facility, and ultimately from the nursing facility to home after rehabilitation. Those orders were for the following:</p> <p>Schedule appointment with Primary Care Doctor (PCP) (name given) as soon as possible for a visit within one week.</p> <p>(continued on next page)</p>		

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0552</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Schedule appointment with Cardiology Doctor (name given) as soon as possible for visit within one month.</p> <p>Apixaban - anticoagulant</p> <p>Diltiazem - antihypertensive</p> <p>Metoprolol - antihypertensive</p> <p>Atorvastatin - lowers high cholesterol</p> <p>Vitamin D-3 - supplement</p> <p>Calcium - supplement</p> <p>Vitamin B-12 - supplement</p> <p>Multivitamin - supplement</p> <p>Iron - supplement</p> <p>Prilosec - gastric reflux</p> <p>Miralax - constipation</p> <p>Review of Resident #2's clinical record revealed that the Atorvastatin for high cholesterol was only administered one time on the day after admission, 07/04/2023, and discontinued on that same day for an unknown reason as no document reveals the reason for the discontinuance. The 3 cardiac medications were discontinued after 30 days of use with Diltiazem discontinued on 08/02/2023 after the 8:00 a.m. dose, and the other 2 medications after the 8:00 a.m. dose on 08/03/2023.</p> <p>The following 3 cardiac medications were not restarted while Resident #2 was in the nursing facility, prior to rehospitalization , at approximately 11:30 a.m., on 08/14/2023 (11 days later) with a stroke.</p> <p>1. Diltiazem (antihypertensive) - reduces workload on the vessels and heart, 240 milligrams (mg) one time per day at 8:00 a.m.</p> <p>2. Metoprolol (antihypertensive) - reduces workload on the vessels and heart, 25 mg one half tablet two times per day and 8:00 a.m., and 9:00 p.m.</p> <p>3. Apixaban (anticoagulant) - blood thinner, prevents blood clots from forming and causing heart attack and stroke, 5 mg one tablet twice per day at 8:00 a.m., and 9:00 p.m.</p> <p>It is notable to mention that all other 30-day orders were continued in the nursing facility.</p> <p>(continued on next page)</p>		

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<p>F 0552</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During interviews, it was found that the follow-up appointments ordered for PCP, and Cardiology doctors were never scheduled, nor were those doctors contacted about continuing the cardiac medications. The family was also not contacted and alerted to the fact that the cardiac medications were discontinued.</p> <p>The Medication and Treatment Administration Record (MAR/TAR) was reviewed for July and August 2023, and revealed nursing signatures indicating the Diltiazem medication had been administered through the morning of 08/02/2023, and the other 2 cardiac drugs were administered up through the morning of 08/03/2023.</p> <p>Nursing progress notes were reviewed, and revealed no notes documenting the medication had been discontinued, nor that the doctor, or family was ever made aware of the discontinuance.</p> <p>Physician's progress notes were reviewed and revealed on 08/04/2023, the day after the cardiac drugs were discontinued, No aspirin will be on Eliquis for A-fib .full code After that note, none of the following physician progress notes until the time of discharge (for stroke like symptoms) indicated that the physician was never made aware of the discontinuance of the cardiac medications by staff for Resident #2.</p> <p>On 09/13/2023 at 11:00 a.m., the Director of Nursing (DON) was interviewed in the conference room and stated she had been unaware that medications had not been given, nor that the doctor and family were not notified of medications being discontinued by staff . The DON was a new staff member and had recently been hired. The Administrator was at a conference during the survey and was not able to be reached until the time of exit of the survey. At that time, she was made aware of findings and stated she had nothing further to provide.</p> <p>On 09/13/2023 at approximately 2:00 p.m., at the end of day debrief, the Administrator and DON were made aware of the failure of staff to notify the doctor and family of the discontinuance of cardiac treatment for Resident #2.</p> <p>No further information was provided.</p>		

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<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Immediately tell the resident, the resident's doctor, and a family member of situations (injury/decline/room, etc.) that affect the resident.</p> <p>41450</p> <p>Based on clinical record review, staff interview, and facility documentation review, the facility staff failed to provide timely notification to the Responsible Party of a change in condition for 1 Resident, Resident #5, in a sample size of 6 Residents.</p> <p>The findings included:</p> <p>For Resident #5, facility staff failed to provide timely notification to the Responsible Party of his fall with injury which occurred on 11/10/23.</p> <p>On 11/16/23 at approximately 4:00 PM, Resident #5's clinical record was reviewed. A progress note dated 11/13/2023 at 8:51 AM documented, RP [Responsible Party] was called and updated about fall on 11/10/23.</p> <p>A progress note dated 11/10/23 at 11:17 PM read, Staff heard someone asking for help, nurse found resident laying on the floor next to his bed, resident was in his chair waiting for his scheduled shower, resident stated he was in no pain, resident has two scratches on the left middle side of his back, left wrist has abrasion from his watch, right thumb is bruised and fourth toe on his right foot was bent back with little bleeding, neuro checks have been started and vital signs are within normal limits, will continue to monitor.</p> <p>At approximately 4:30 PM, an interview was conducted with the Director of Nursing (DON) who confirmed the documentation in Resident #5's clinical record. The DON stated, I would have expected that the Responsible Party for [Resident #5, name redacted] to be notified as soon as possible after taking care of his immediate needs first. A facility policy was requested and received.</p> <p>Review of the facility's policy titled Fall Protocols with a revision date October 1, 2023, page 3, subtitle, Actual Fall item 1a read, The physician/practitioner and the resident representative will be notified of the fall and any change of condition of the resident.</p> <p>Review of the facility's policy titled, Change in a Resident's Condition or Status, original date 8/30/2023, page 2, item 3 read, Unless otherwise instructed by the resident, a nurse will notify the resident's representative when: (a) The resident is involved in any accident or incident that results in an injury including injuries of an unknown source and item 4 read, Except in medical emergencies, notifications will be made within twenty-four (24) hours of a change occurring in the resident's medical/mental condition or status.</p> <p>At approximately 4:45 PM, the Facility Administrator and DON were updated on the findings. No further information was provided.</p>		

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<p>F 0655</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Create and put into place a plan for meeting the resident's most immediate needs within 48 hours of being admitted</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 31199</p> <p>Based on staff interview, Ombudsman interview, family interview, facility documentation review, clinical record review, and in the course of a complaint investigation, the facility staff failed to develop and implement a baseline care plan for cardiac treatment for two residents (Residents #2 and #1) in a survey sample of four (4) Residents.</p> <p>1. For Resident #2, the facility did not develop nor implement a cardiac care plan for the primary admitting diagnosis of new onset atrial fibrillation, heart attack, with cardiac doctor oversight, and new cardiac medication therapy.</p> <p>2. For Resident #1, the facility staff did not provide a baseline care plan for moisture associated skin damage (MASD), care for inguinal dialysis shunt placement site, and sutures in the neck and knee after hospitalization .</p> <p>The findings included:</p> <p>1. Resident #2 was admitted to the facility on [DATE] from the hospital. Diagnoses included, new onset atrial fibrillation, aortic valve stenosis, aortic valve insufficiency, likely acute heart attack, long term use of anticoagulants, hypertension, high cholesterol, mild protein calorie malnutrition, and dementia.</p> <p>Resident #2's most recent Minimum Data Set (MDS) with an assessment reference date (ARD) of 07/10/2023 was coded as a 5-day admission assessment. Resident #2 was coded as having a Brief Interview of Mental Status (BIMS) score of 6 out of a possible 15, revealing significant cognitive impairment. Resident #2 was also coded as requiring extensive assistance to complete dependence on staff to perform activities of daily living, such as bed mobility, transferring, locomotion, and toileting.</p> <p>Hospital records from 06/26/2023 through 07/03/2023 were reviewed and revealed the following:</p> <p>Resident #2 was discharged from the hospital to the nursing facility with new onset atrial fibrillation with rapid ventricular response on 07/03/2023. The resident was issued the customary 30-day new orders for all medications from a hospitalist doctor after being stabilized in the hospital. The hospital doctor's intention was for the resident to follow-up with the resident's PCP and Cardiology doctors to monitor and continue those orders. This provides for continuity of care for discharge to the nursing facility, and ultimately from the nursing facility to home after rehabilitation. Those orders were for the following:</p> <p>Schedule appointment with Primary Care Doctor (PCP) (name given) as soon as possible for a visit within one week.</p> <p>Schedule appointment with Cardiology Doctor (name given) as soon as possible for visit within one month.</p> <p>Apixaban - anticoagulant</p> <p>(continued on next page)</p>		

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<p>F 0655</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Diltiazem - antihypertensive</p> <p>Metoprolol - antihypertensive</p> <p>Atorvastatin - lowers high cholesterol</p> <p>Vitamin D-3 - supplement</p> <p>Calcium - supplement</p> <p>Vitamin B-12 - supplement</p> <p>Multivitamin - supplement</p> <p>Iron - supplement</p> <p>Prilosec - gastric reflux</p> <p>Miralax - constipation</p> <p>Review of Resident #2's clinical record revealed that the Atorvastatin for high cholesterol was only administered one time on the day after admission, 07/04/2023, and discontinued on that same day for an unknown reason as no document reveals the reason for the discontinuance. The 3 cardiac medications were discontinued after 30 days of use with Diltiazem discontinued on 08/02/2023 after the 8:00 a.m. dose, and the other 2 medications after the 8:00 a.m. dose on 08/03/2023.</p> <p>The following 3 cardiac medications were not restarted while Resident #2 was in the nursing facility, prior to rehospitalization , at approximately 11:30 a.m., on 08/14/2023 (11 days later) with a stroke.</p> <p>1. Diltiazem (antihypertensive) - reduces workload on the vessels and heart, 240 milligrams (mg) one time per day at 8:00 a.m.</p> <p>2. Metoprolol (antihypertensive) - reduces workload on the vessels and heart, 25 mg one half tablet two times per day and 8:00a.m., and 9:00 p.m.</p> <p>3. Apixaban (anticoagulant) - blood thinner, prevents blood clots from forming and causing heart attack and stroke, 5 mg one tablet twice per day at 8:00 a.m., and 9:00 p.m.</p> <p>It is notable to mention that all other 30-day orders were continued in the nursing facility.</p> <p>During interviews it was found that the follow-up appointments ordered for PCP and Cardiology doctors were never scheduled, nor were those doctors contacted about continuing the cardiac medications. The family was also not contacted and alerted to the fact that the cardiac medications were discontinued.</p> <p>(continued on next page)</p>		

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<p>F 0655</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>The Medication and Treatment Administration Record (MARTAR) was reviewed for July and August 2023, and revealed nursing signatures indicating the Diltiazem medication had been administered through the morning of 08/02/2023, and the other 2 cardiac drugs were administered through the morning of 08/03/2023.</p> <p>Resident #2's care plan was reviewed and revealed no focus, nor interventions for the primary diagnosis of atrial fibrillation, anticoagulant therapy, heart attack, and cardiac medication treatment, nor follow-up appointment with the cardiac doctor. The family was not involved in the care planning process.</p> <p>Nursing progress notes were reviewed, and revealed no notes documenting the medication had been discontinued, nor that the doctor, or family was ever made aware of the discontinuance.</p> <p>On 09/13/2023 at 11:00 a.m., the Director of Nursing (DON) was interviewed in the conference room and stated she had been unaware that medications had not been given, nor that the doctor and family were not notified of medications being discontinued by staff. The DON was a new staff member and had recently been hired. The Administrator was at a conference during the survey and was not able to be reached until the time of exit of the survey. At that time, she was made aware of findings and stated she had nothing further to provide.</p> <p>On 09/13/2023 at approximately 2:00 p.m., at the end of day debrief, the Administrator and DON were made aware of the failure of staff to develop and implement a cardiac care plan for the resident.</p> <p>No further information was provided.</p> <p>2. For Resident #1, the facility staff did not provide a baseline care plan for moisture associated skin damage (MASD), care for inguinal dialysis shunt placement site, and sutures in the neck and knee after hospitalization .</p> <p>The Findings included:</p> <p>Resident #1 was admitted to the facility on [DATE] with diagnoses including, acute kidney failure, effusion left knee, diabetes type 2, acute embolism of left femoral vein, left knee pain, hypertension, hypothyroidism, venous insufficiency, stroke, and breast cancer.</p> <p>Resident #1's most recent Minimum Data Set Assessment (MDS) with an Assessment Reference Date (ARD) of 03/15/2023. which was a 5-day admission assessment. The MDS coded Resident #1 as needing extensive to total staff assistance with toileting, hygiene, and bathing. The resident was also coded as 10 of 15 possible points on a BIMS, indicating mild cognitive impairment. The resident was coded as frequently incontinent of bowel and bladder.</p> <p>Review of Resident #1's progress notes indicated on 03/10/2023, (Resident name) has surgical wounds left knee two small incisions from knee surgery .baseline care plan has been initiated .</p> <p>(continued on next page)</p>		

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<p>F 0655</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>The resident's care plan was reviewed, and revealed a care plan for potential for skin impairment; however, does not indicate the resident had actual MASD found by staff on 03/23/2023, nor does it mention sutures to her knee after knee surgery in the hospital, nor sutures in her neck. There was also no mention of a femoral artery dialysis shunt placed in the resident's inguinal crease (groin) area, and no assessments in the clinical record regarding these. There were no interventions, nor mention of care and treatment of any of the 4 skin issues actually experienced by Resident #1 in the care plan, which would have required an active treatment care plan.</p> <p>Resident #1's physician orders, assessments, medication administration record (MAR), and treatment administration record (TAR), were reviewed and revealed the only skin care orders (3 days after admission) received for the 2 suture locations on 03/12/2023 to clean with normal saline and leave open to air. No assessments of those 2 areas of the skin exists in the clinical record during the 19-day stay, nor is there any indication of suture removal orders during the resident's stay.</p> <p>The National Institutes of Health (NIH) gives guidance on sutured wounds, and states as a standard of practice, sutures on the neck should be removed in 7 days, and in the lower extremities overlying a joint 12 to 14 days. If sutures are left in too long it may be difficult to remove them with a potential to reinjure the area, and could increase scar tissue at the site.</p> <p>No orders nor assessments were ever placed in the clinical records for the MASD, and femoral inguinal dialysis shunt area.</p> <p>The first skin impairment note in the clinical record occurred on 03/23/2023, which was a skin evaluation document, described moisture associated skin damage (MASD) right and left buttocks. No other information was given and the form was not completed. No treatments were ordered for the MASD for the rest of the resident's 4-day stay before being transferred to another facility on 03/27/2023.</p> <p>Activities of daily living (ADL) records were reviewed and revealed that hygiene and bathing were documented as being provided daily; however, not documented as provided multiple times daily during the resident's stay.</p> <p>Staff stated the facility policy on Perineal Care for Incontinent Residents, was that care would be provided approximately every 2 hours every shift and PRN (as needed), which included removal of wet incontinent briefs, and cleansing. Staff further stated the expectation is to give incontinence care immediately after every incontinent episode. Resident #1 was not afforded timely incontinence care as many times as was needed, as evidenced by the MASD actually acquired after 10 days in the facility.</p> <p>The facility Administrator and Director of Nursing (DON) were made aware of the above findings at the end-of-day debrief on 09/13/2023.</p> <p>No additional information was provided to the surveyor.</p>		



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<p>F 0658</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure services provided by the nursing facility meet professional standards of quality.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 31199</p> <p>Based on staff interview, Ombudsman interview, family interview, facility documentation review, clinical record review, and in the course of a complaint investigation, the facility staff failed to maintain the professional standards of nursing practice for two residents (Residents #2 and #1) in a survey sample of four (4) Residents.</p> <p>1. For Resident #2, the facility staff discontinued all the resident's cardiac, antihypertensive, and blood thinning medications after 30 days for new onset atrial fibrillation. They also failed to notify the family and doctor of the discontinuance, did not obtain follow-up appointments with the resident's doctors as ordered by a physician, and did not develop nor implement a nursing care plan for cardiac treatment.</p> <p>2. For Resident #1, the facility staff did not provide incontinence care timely resulting in moisture associated skin damage (MASD), and further failed to care for, and care plan for inguinal dialysis shunt placement site, MASD, and sutures in the neck and knee after hospitalization .</p> <p>The findings included:</p> <p>1. Resident #2, was admitted to the facility on [DATE] from the hospital. Diagnoses included, new onset atrial fibrillation, aortic valve stenosis, aortic valve insufficiency, likely acute heart attack, long-term use of anticoagulants, hypertension, high cholesterol, mild protein calorie malnutrition, and dementia.</p> <p>Resident #2's most recent Minimum Data Set (MDS) with an Assessment Reference Date (ARD of 07/03/2023 was coded as a 5-day admission assessment. Resident #2 was coded as having a brief interview of mental status (BIMS) score of 6 out of a possible 15, revealing significant cognitive impairment. Resident #2 was also coded as requiring extensive assistance to complete dependence on staff to perform activities of daily living, such as bed mobility, transferring, locomotion, and toileting.</p> <p>Hospital records from 06/26/2023 through 07/03/2023 were reviewed and revealed the following:</p> <p>Resident #2 was discharged from the hospital to the nursing facility with new onset atrial fibrillation with rapid ventricular response on 07/03/2023. The resident was issued the customary 30-day new orders for all medications from a hospitalist doctor after being stabilized in the hospital. The hospital doctor's intention was for the resident to follow-up with the resident's PCP, and cardiology doctors to monitor and continue those orders. This provides for continuity of care for discharge to the nursing facility, and ultimately from the nursing facility to home after rehabilitation. Those orders were for the following:</p> <p>Schedule appointment with Primary Care Doctor (PCP) (name given) as soon as possible for a visit within one week.</p> <p>Schedule appointment with Cardiology Doctor (name given) as soon as possible for visit within one month.</p> <p>(continued on next page)</p>		

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<p>F 0658</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Apixaban - anticoagulant</p> <p>Diltiazem - antihypertensive</p> <p>Metoprolol - antihypertensive</p> <p>Atorvastatin - lowers high cholesterol</p> <p>Vitamin D-3 - supplement</p> <p>Calcium - supplement</p> <p>Vitamin B-12 - supplement</p> <p>Multivitamin - supplement</p> <p>Iron - supplement</p> <p>Prilosec - gastric reflux</p> <p>Miralax - constipation</p> <p>Review of Resident #2's clinical record revealed that the atorvastatin for high cholesterol was only administered one time on the day after admission, 07/04/2023, and discontinued on the same day for an unknown reason as no document reveals the reason for the discontinuance. The 3 cardiac medications were discontinued after 30 days of use with Diltiazem discontinued on 08/02/2023 after the 8:00 a.m. dose, and the other 2 medications after the 8:00 a.m. dose on 08/03/2023.</p> <p>The following 3 cardiac medications were not restarted while Resident #2 was in the nursing facility, prior to rehospitalization , at approximately 11:30 a.m., on 08/14/2023 (11 days later) with a stroke.</p> <p>1. Diltiazem (antihypertensive) - reduces workload on the vessels and heart, 240 milligrams (mg) one time per day at 8:00 a.m.</p> <p>2. Metoprolol (antihypertensive) - reduces workload on the vessels and heart, 25 mg one half tablet two times per day and 8:00 a.m., and 9:00 p.m.</p> <p>3. Apixaban (anticoagulant) - blood thinner, prevents blood clots from forming and causing heart attack and stroke, 5 mg one tablet twice per day at 8:00 a.m., and 9:00 p.m.</p> <p>It is notable to mention that all other 30-day orders were continued in the nursing facility.</p> <p>During interviews, it was found that the follow-up appointments ordered for PCP, and cardiology doctors were never scheduled, nor were those doctors contacted about discontinuing the cardiac medications. The family was also not contacted and alerted to the fact that the cardiac medications were discontinued.</p> <p>(continued on next page)</p>		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  495303	(X2) MULTIPLE CONSTRUCTION  A. Building B. Wing	(X3) DATE SURVEY COMPLETED  09/13/2023
NAME OF PROVIDER OR SUPPLIER  Three Rivers Health & Rehab Center		STREET ADDRESS, CITY, STATE, ZIP CODE  2960 Chelsea Road West Point, VA 23181	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0658</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>The Medication and Treatment Administration Record (MAR/TAR) was reviewed for July and August 2023, and revealed nursing signatures indicating the Diltiazem medication had been administered through the morning of 08/02/2023, and the other 2 cardiac drugs were administered up through the morning of 08/03/2023.</p> <p>Guidance for the administration of Apixaban/Eliquis is given by The National Institutes of Health (NIH) (National Institutes of Health &amp; Medline.gov), and is as follows:</p> <p>Apixaban reduces the risk of strokes and blood clots. Stopping Apixaban will increase the risk of thrombotic events, like stroke, heart attack and pulmonary embolus.</p> <p>Resident #2's care plan was reviewed and revealed no focus, nor interventions for the primary diagnosis of atrial fibrillation, anticoagulant therapy, heart attack, and cardiac medication treatment.</p> <p>Nursing progress notes were reviewed, and revealed no notes documenting that the medication had been discontinued, nor that the doctor, or family was ever made aware of the discontinuance.</p> <p>Physician's progress notes were reviewed and revealed on 08/04/2023, the day after the cardiac drugs were discontinued, No aspirin will be on Eliquis for A-fib .full code. After that note, none of the following physician progress notes until the time of discharge (for stroke like symptoms) indicated the physician was never made aware of the discontinuance of the cardiac medications by staff for Resident #2.</p> <p>Vital sign records and progress notes were reviewed and revealed that on the day of discharge 08/14/2023, Resident #2 went back to the hospital for stroke like symptoms. The resident's pulse was between 80 and 130 beats per minute, and blood pressure was 130/78.</p> <p>On the morning of discharge, 08/14/2023, Resident #2 went back to the hospital. The nursing notes indicated between 9:30 a.m., and 11:37 a.m., the resident was experiencing irregular pulse, altered level of consciousness, weakness/hemiparesis, leaning in wheel chair, slurred speech, and 911. Emergency services was called to transfer the resident to the hospital. At 6:36 p.m., the progress notes documented the facility staff called the hospital emergency room to get a report of the condition of the resident and were told that Resident #2 was admitted for a stroke.</p> <p>Discharge records from the hospital after treatment on 08/16/2023 indicated diagnosis of stroke. Resident #2 was discharged home with family and hospice services.</p> <p>On 09/13/2023 at 11:00 a.m., the Director of Nursing (DON) was interviewed in the conference room and stated she was not aware the medications had not been given, the appointments had not been set, there was no cardiac care plan, nor that the doctor and family were not notified of medications being discontinued by staff. The DON was a new staff member and had recently been hired. The Administrator was at a conference during the survey and was not able to be reached until the time of exit of the survey. At that time she was made aware of findings and stated she had nothing further to provide.</p> <p>On 09/13/2023 at approximately 2:00 p.m., at the end of day debrief, the Administrator and DON were made aware of the failure of staff to develop care plans, set follow up appointments, and notify family and doctors of cardiac medication discontinuance.</p> <p>(continued on next page)</p>		

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<p>F 0658</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>No further information was provided.</p> <p>2. For Resident #1, the facility staff did not provide incontinence care timely resulting in moisture associated skin damage (MASD), and further failed to care for inguinal dialysis shunt placement site, and sutures in the neck and knee after hospitalization .</p> <p>The findings included:</p> <p>Resident #1 was admitted to the facility on [DATE] with diagnoses including, acute kidney failure, effusion left knee, diabetes type 2, acute embolism of left femoral vein, left knee pain, hypertension, hypothyroidism, venous insufficiency, stroke, and breast cancer.</p> <p>Resident #1's most recent Minimum Data Set Assessment (MDS) with an Assessment Reference Date (ARD) of 03/15/2023 was a 5-day admission assessment. The MDS coded Resident #1 as needing extensive to total staff assistance with toileting, hygiene, and bathing. The resident was also coded as 10 of 15 possible points on a Brief Interview for Mental Status (BIMS), indicating mild cognitive impairment. The resident was coded as frequently incontinent of bowel and bladder.</p> <p>Review of Resident #1's progress notes indicated on 03/10/2023, (Resident name) has surgical wounds left knee two small incisions from knee surgery .baseline care plan has been initiated .</p> <p>The resident's care plan was reviewed and revealed a care plan for potential for skin impairment; however, the care plan does not indicate the resident had actual MASD found by staff on 03/23/2023, nor does it mention sutures to her knee after knee surgery in the hospital, nor sutures in her neck. There was also no mention of a femoral artery dialysis shunt placed in the resident's inguinal crease (groin) area, and no assessments in the clinical record regarding these. There were no interventions, nor mention of care and treatment of any of the 4 skin issues actually experienced by Resident #1 in the care plan, which would have required an active treatment care plan.</p> <p>Resident #1's physician orders, assessments, medication administration record (MAR), and treatment administration record (TAR), were reviewed and revealed the only skin care orders (3 days after admission) received for the 2 suture locations on 03/12/2023 to clean with normal saline and leave open to air. No assessments of those 2 areas of the skin exists in the clinical record during the 19-day stay, nor is there any indication of suture removal orders during the resident's stay.</p> <p>The National Institutes of Health (NIH) gives guidance on sutured wounds, and states as a standard of practice, sutures on the neck should be removed in 7 days, and in the lower extremities overlying a joint 12 to 14 days. If sutures are left in too long, it may be difficult to remove them with a potential to reinjure the area, and could increase scar tissue at the site.</p> <p>No orders nor assessments were ever placed in the clinical records for the MASD, and femoral inguinal dialysis shunt area.</p> <p>The first skin impairment note in the clinical record occurred on 03/23/2023, which was a skin evaluation document, described moisture associated skin damage (MASD) right and left buttocks. No other information was given and the form was not completed. No treatments were ordered for the MASD for the rest of the resident's 4-day stay before being transferred to another facility on 03/27/2023.</p> <p>(continued on next page)</p>		

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0658  Level of Harm - Minimal harm or potential for actual harm  Residents Affected - Few	<p>Activities of daily living (ADL) records were reviewed and revealed that hygiene and bathing were documented as being provided daily; however, not documented as provided multiple times daily during the resident's stay.</p> <p>Staff stated the facility policy on Perineal Care for Incontinent Residents, was that care would be provided approximately every 2 hours every shift and as needed (PRN), which included removal of wet incontinent briefs, and cleansing. Staff further stated the expectation is to give incontinence care immediately after every incontinent episode. Resident #1 was not afforded timely incontinence care as many times as was needed, as evidenced by the MASD actually acquired after 10 days in the facility.</p> <p>The facility Administrator and Director of Nursing (DON) were made aware of the above findings at the end-of-day debrief on 09/13/2023.</p> <p>No additional information was provided to the surveyor.</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide care and assistance to perform activities of daily living for any resident who is unable.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 31199</p> <p>Based on staff interview, facility document review, clinical record review, and in the course of a complaint investigation, the facility staff failed to ensure incontinence and wound care was provided timely for 1 resident (Resident #1) of four (4) residents in the survey sample.</p> <p>For Resident #1, the facility staff did not provide incontinence care timely resulting in moisture associated skin damage (MASD), and further failed to care for inguinal dialysis shunt placement site, and sutures in the neck and knee after hospitalization .</p> <p>The findings included:</p> <p>Resident #1 was admitted to the facility on [DATE] with diagnoses including, acute kidney failure, effusion left knee, diabetes type 2, acute embolism of left femoral vein, left knee pain, hypertension, hypothyroidism, venous insufficiency, stroke, and breast cancer.</p> <p>Resident #1's most recent Minimum Data Set Assessment (MDS) with an Assessment Reference Date (ARD) of 03/15/2023 was a 5-day admission assessment. The MDS coded Resident #1 as needing extensive to total staff assistance with toileting, hygiene, and bathing. Resident #1 was also coded as 10 of 15 possible points on a Brief Interview for Mental Status (BIMS), indicating mild cognitive impairment. The resident was coded as frequently incontinent of bowel and bladder.</p> <p>Review of Resident #1's progress notes indicated on 03/10/2023, (Resident name) has surgical wounds left knee two small incisions from knee surgery .baseline care plan has been initiated .</p> <p>The resident's care plan was reviewed and revealed a care plan for potential for skin impairment; however, does not indicate the resident had actual MASD found by staff on 03/23/2023, nor does it mention sutures to her knee after knee surgery in the hospital, nor sutures in her neck. There was also no mention of a femoral artery dialysis shunt placed in Resident #1's inguinal crease (groin) area, and no assessments in the clinical record regarding these. There were no interventions, nor mention of care and treatment of any of the 4 skin issues actually experienced by Resident #1 in the care plan, which would have required an active treatment care plan.</p> <p>Resident #1's physician orders, assessments, medication administration record (MAR), and treatment administration record (TAR), were reviewed and revealed the only skin care orders (3 days after admission) received for the 2 suture locations on 03/12/2023 to clean with normal saline and leave open to air. No assessments of those 2 areas of the skin exists in the clinical record during the 19-day stay, nor is there any indication of suture removal orders during Resident #1's stay.</p> <p>The National Institutes of Health (NIH) gives guidance on sutured wounds, and states as a standard of practice, sutures on the neck should be removed in 7 days, and in the lower extremities overlying a joint 12 to 14 days. If sutures are left in too long it may be difficult to remove them with a potential to reinjure the area, and could increase scar tissue at the site.</p> <p>No orders nor assessments were ever placed in the clinical records for the MASD, and femoral inguinal dialysis shunt area.</p> <p>(continued on next page)</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>The first skin impairment note in the clinical record occurred on 03/23/2023, which was a skin evaluation document, described moisture associated skin damage (MASD) right and left buttocks. No other information was given and the form was not completed. No treatments were ordered for the MASD for the rest of Resident #1's 4-day stay before being transferred to another facility on 03/27/2023.</p> <p>Activities of daily living (ADL) records were reviewed and revealed that hygiene and bathing were documented as being provided daily; however, not documented as provided multiple times daily during the resident's stay.</p> <p>Staff stated the facility policy on Perineal Care for Incontinent Residents, was that care would be provided approximately every 2 hours every shift and as needed (PRN), which included removal of wet incontinent briefs, and cleansing. Staff further stated the expectation is to give incontinence care immediately after every incontinent episode. Resident #1 was not afforded timely incontinence care as many times as was needed, as evidenced by the MASD actually acquired after 10 days in the facility.</p> <p>The facility Administrator and Director of Nursing (DON) were made aware of the above findings at the end-of-day debrief on 09/13/2023.</p> <p>No additional information was provided to the surveyor.</p>		

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<p>F 0760</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure that residents are free from significant medication errors.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 31199</p> <p>Based on staff interview, Ombudsman interview, family interview, facility documentation review, clinical record review, and in the course of a complaint investigation, the facility staff failed to ensure one resident (Resident #2) was free from significant medication errors in a survey sample of four (4) residents, resulting in harm.</p> <p>For Resident #2, the facility discontinued all of the resident's cardiac, antihypertensive, and blood thinning medications after 30 days resulting in hospitalization for a stroke. The medications were Diltiazem, Metoprolol, and Apixaban anticoagulation (blood thinner) medication for new onset atrial fibrillation.</p> <p>The findings included:</p> <p>Resident #2 was admitted to the facility on [DATE] from the hospital. Diagnoses included, new onset atrial fibrillation, aortic valve stenosis, aortic valve insufficiency, likely acute heart attack, long term use of anticoagulants, hypertension, high cholesterol, mild protein calorie malnutrition, and dementia.</p> <p>Hospital records from 06/26/2023 through 07/03/2023 were reviewed and revealed the following:</p> <p>Resident #2 was discharged from the hospital to the nursing facility with new onset atrial fibrillation with rapid ventricular response on 07/03/2023. The resident was issued the customary 30-day new orders for all medications from a hospitalist doctor after being stabilized in the hospital. This provides for continuity of care for discharge to the nursing facility, and ultimately from the nursing facility to home after rehabilitation. Those orders were for the following:</p> <p>Schedule appointment with Primary Care Doctor (PCP) (name given) as soon as possible for a visit within one week.</p> <p>Schedule appointment with Cardiology Doctor (name given) as soon as possible for visit within one month.</p> <p>Apixaban - anticoagulant</p> <p>Diltiazem - antihypertensive</p> <p>Metoprolol - antihypertensive</p> <p>Atorvastatin - lowers high cholesterol</p> <p>Vitamin D-3 - supplement</p> <p>Calcium - supplement</p> <p>Vitamin B-12 - supplement</p> <p>(continued on next page)</p>		



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F 0760  Level of Harm - Actual harm  Residents Affected - Few	Multivitamin - supplement  Iron - supplement  Prilosec - gastric reflux  Miralax - constipation  Review of Resident #2's clinical record revealed that the Atorvastatin for high cholesterol was only administered one time on 07/04/2023, the day after admission, and discontinued on that same day for an unknown reason as no document reveals the reason for the discontinuance. The 3 cardiac medications, Apixaban (anticoagulant), Diltiazem (antihypertensive), and Metoprolol (antihypertensive) were discontinued after 30 days of use with Diltiazem discontinued on 08/02/2023 after the 8:00 a.m. dose, and the other 2 medications, Apixaban and Metoprolol, after the 8:00 a.m. dose on 08/03/2023.  The following 3 cardiac medications were not restarted while Resident #2 was in the nursing facility, prior to rehospitalization , at approximately 11:30 a.m., on 08/14/2023 (11 days later) with a stroke.  1. Diltiazem (antihypertensive) - reduces workload on the vessels and heart, 240 mg, one time per day at 8:00 a.m.  2. Metoprolol (antihypertensive) - reduces workload on the vessels and heart, 25 mg, one half tablet two times per day and 8:00 a.m., and 9:00 p.m.  3. Apixaban (anticoagulant) - blood thinner, prevents blood clots from forming and causing heart attack and stroke, 5 mg, one tablet twice per day at 8:00 a.m., and 9:00 p.m.  It is notable to mention that all other 30-day orders were continued in the nursing facility.  During interviews it was found that the follow-up appointments ordered for PCP, and Cardiology doctors were never scheduled, nor were those doctors contacted about continuing the cardiac medications. The family was also not contacted and alerted that the cardiac medications were discontinued.  Guidance for the administration of Apixaban/Eliquis is given by The National Institutes of Health (NIH), and is as follows:  National Institutes of Health & Medline.gov  Apixaban reduces the risk of strokes and blood clots. Stopping Apixaban will increase the risk of thrombotic events, like stroke, heart attack, and pulmonary embolus.  Resident #2's care plan was reviewed and revealed no focus, nor interventions for the primary diagnosis of atrial fibrillation, anticoagulant therapy, heart attack, and cardiac medication treatment.  Nursing progress notes were reviewed, and revealed no notes documenting that the medication had been discontinued, nor that the doctor, or family was ever made aware of the discontinuance.  (continued on next page)		

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<p>F 0760</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p>	<p>Physician's progress notes were reviewed and revealed on 08/04/2023, the day after the cardiac drugs were discontinued, No aspirin will be on Eliquis for A-fib .full code. After that note, none of the following physician progress notes until the time of discharge for stroke like symptoms indicated the physician was never made aware of the discontinuance of the cardiac medications by staff for Resident #2.</p> <p>Vital sign records and progress notes were reviewed and revealed on the day of discharge, 08/14/2023, back to the hospital for stroke like symptoms, Resident #2's pulse was between 80 and 130 beats per minute, and blood pressure was 130/78.</p> <p>On 08/14/2023, the morning of discharge back to the hospital, between 9:30 a.m. and 11:37 a.m., nursing notes indicated that the Resident #2 was experiencing irregular pulse, altered level of consciousness, weakness/hemiparesis, leaning in wheel chair, slurred speech, and 911. Emergency services was called to transfer Resident #2 to the hospital. At 6:36 p.m., the progress notes documented the facility staff called the hospital emergency room to get a report of the condition of the resident and were told that Resident #2 was admitted for a stroke.</p> <p>Discharge records from the hospital after treatment on 08/16/2023 indicated diagnosis of stroke. Ultimately, Resident #2 was discharged home with family and hospice services.</p> <p>On 09/13/2023 at 11:00 a.m., the Director of Nursing (DON) was interviewed in the conference room and stated she had been unaware that medications had not been given, nor that the doctor and family were not notified of medications being discontinued by staff. The DON was notified at that time of harm to Resident #2. The DON was a new staff member and had recently been hired. The Administrator was at a conference during the survey and was not able to be reached until the time of exit of the survey. At that time, she was made aware of the findings and stated she had nothing further to provide.</p> <p>On 09/13/2023 at approximately 2:00 p.m., during the end-of-day debrief, the Administrator and DON were made aware of the failure of staff to administer cardiac medications resulting in hospitalization and harm.</p> <p>No further information was provided.</p>		