

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 265428	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 12/07/2022
NAME OF PROVIDER OR SUPPLIER Lebanon South Nursing & Rehab		STREET ADDRESS, CITY, STATE, ZIP CODE 514 West Fremont Road Lebanon, MO 65536	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0678 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	<p>Provide basic life support, including CPR, prior to the arrival of emergency medical personnel , subject to physician orders and the resident's advance directives.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 17193</p> <p>Based on interview and record review, the facility failed to ensure all staff were properly trained in the performance of cardiopulmonary resuscitation (CPR - an emergency procedure consisting of chest compressions often combined with artificial ventilation to restore circulation and breathing in a person who is in cardiac arrest) and use of an AED (automated external defibrillator - a medical device that can analyze the heart's rhythm and, if necessary, deliver an electrical shock, or defibrillation, to help the heart re-establish an effective rhythm.) according to professional standards of practice when assisting one resident (Resident #1). The facility had a census of 57.</p> <p>Record review of the facility's policy Cardiopulmonary Resuscitation (CPR), undated, showed the following:</p> <ul style="list-style-type: none"> -Determine unresponsiveness by tapping or gently shaking resident and shouting, Are you okay?; -Call out for help; -Delegate a specific individual to check resident clinical record for CPR or no CPR order. Have individual call paramedics, attending physician, and administrative personnel per facility guidelines and report back as soon as possible; -Do not start CPR if resident is breathing and has a pulse. Start emergency oxygen and delegate a specific individual to stay with the resident and monitor vital signs. Notify the attending physician of the resident's condition and request further orders for care; -Determine pulselessness. Palpate the carotid (artery on each side of the neck that supplies blood to the brain) pulse gently to avoid compressing the artery on side of victim; -If resident is pulseless, make sure resident is on a hard surface like backboard or floor; -Perform 30 external chest compressions at a rate of 80 to 100 per minute; -Open the airway and deliver two rescue breaths; -Repeat cycle of 30 compressions to two breaths, performing four cycles before you evaluate the resident; <p>(continued on next page)</p>		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
FORM CMS-2567 (02/99) Previous Versions Obsolete	Event ID: 265428	Facility ID: 265428
		If continuation sheet Page 1 of 10

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<p>F 0678</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>-Determine breathlessness by maintaining the open airway, place ear over resident's mouth and nose;</p> <p>-Look for chest rise and fall;</p> <p>-Listen for exhalation,</p> <p>-Feel for exhaled air;</p> <p>-If resident is breathless, perform rescue breathing by gently pinching resident's nose shut with thumb and index finger. If using disposable two-way valve CPR mask or facemask, place firmly over the resident's nose and mouth to create an airtight seal;</p> <p>-Deliver two full breaths, each lasting one to one and one-half seconds;</p> <p>-Pause to inhale between breaths;</p> <p>-Observe the chest rise (adequate ventilation volume (a measurement of the amount of air that enters the lungs per minute));</p> <p>-Allow deflation between breaths;</p> <p>-Reassessment: Evaluate resident by checking carotid pulse;</p> <p>-If pulse is present, but resident has no respirations, continue rescue breathing at approximately 12 ventilations per minute;</p> <p>-If pulse and respirations are absent, continue cardiopulmonary resuscitation and evaluate resident periodically;</p> <p>-Ventilate twice, observe chest rise;</p> <p>-Resume compression/ventilation cycles;</p> <p>-Feel for carotid pulse very few minutes;</p> <p>-Once CPR is started do not discontinue until qualified help arrives (paramedics).</p> <p>Record review of the facility information provided for the AED by the American Red Cross, showed the following:</p> <p>-Automated external defibrillators can help save lives during sudden cardiac arrest, however, even after training, remembering the steps to use an AED the right way can be difficult;</p> <p>-How to Use An AED: Should be used when caring for a non-breathing adult;</p> <p>-As soon as an AED is available, turn it on and follow the voice prompts;</p> <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>-If the pads may touch, place one pad in the middle of the chest and the other pad on the back, between the shoulder blades;</p> <p>-Plug the pad connector cable into the AED, if necessary;</p> <p>-Prepare to let the AED analyze the heart's rhythm: make sure no one is touching the person. Say CLEAR in a loud, commanding voice, and push the Shock button to deliver the shock;</p> <p>-After the AED delivers the shock, or if no shock is advised, immediately start CPR, beginning with compressions.</p> <p>Record review of the Nutritional Heart, Lung, and Blood Institute web-site at the www.nhlbi.nih.gov, updated [DATE], showed the following:</p> <p>-Automated external defibrillators (AEDs) which are now found in many public spaces, are used to save the lives of people experiencing cardiac arrest. Even untrained bystanders can use these devices in an emergency;</p> <p>-An Automated External Defibrillator is a lightweight, battery-operated portable device that checks the heart's rhythm and sends a shock to the heart to restore normal rhythm. The device is used to help people having cardiac arrest;</p> <p>-Sticky pads with sensors, called electrodes, are attached to the chest of someone who is having cardiac arrest;</p> <p>-The electrodes send information about the person's heart rhythm to a computer in the AED;</p> <p>-The computer analyzes the heart rhythm to find out whether an electric shock is needed. If it is needed, the electrodes deliver the shock;</p> <p>-Step by step instructions and voice prompts to help untrained bystanders to use the machine correctly;</p> <p>-Check the person ' s breathing and pulse. If the person is not breathing and has no pulse or has an irregular heartbeat, prepare to use the AED as soon as possible.</p> <p>1. Record review of Resident #1's physician's orders, dated [DATE] to [DATE], showed the following:</p> <p>-admitted [DATE];</p> <p>-Diagnoses included hypotension (low blood pressure), hypoglycemia (low blood sugar), and type II diabetes mellitus (chronic health condition that affects how your body turns food into energy);</p> <p>-The resident was a Full Code (if a person's heart stopped beating and/or they stopped breathing, all resuscitation procedures will be provided to keep them alive included CPR).</p> <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Record review of the resident's progress notes dated [DATE], at 7:02 A.M., showed Licensed Practical Nurse (LPN) A entered the resident's room to check the resident's blood sugar. The resident did not respond when the nurse said his/her name. The resident was cool to touch. The nurse attempted to arouse the patient by doing a sternum rub and saying his/her name. The resident did not respond. The resident's eyes were open and glassy. Certified Medication Technician (CMT) B said he/she checked the resident at 6:30 A.M. and the resident was sleeping and appeared to be okay. LPN A requested help from other nurses in the facility. Staff moved the resident from the bed to the floor, called 911 at 7:04 A.M., and applied the AED and started CPR at 7:08 A.M. Staff applied oxygen at this time. The resident was making gurgling sounds. EMS arrived at 7:16 A.M. and took over, stating the resident had a pulse at this time, but it was irregular. EMS transported the resident to the hospital at 7:20 A.M.</p> <p>During interview on [DATE], at 12:00 P.M., LPN C said the following:</p> <ul style="list-style-type: none"> -About 7:00 A.M., while he/she was in the dining room doing the medication pass, LPN A came up and asked for him/her and said the resident was unresponsive; -They checked the resident's code status; -LPN C went to the resident's room and the resident lay on his/her back slightly turned to the wall; -The resident was cold to touch, pupils were pinpoint, had agonal (not getting enough oxygen and gasping for air) breathing; -LPN C checked the right carotid artery and there was a pulse; -LPN A called EMS; -The resident released his/her breath and both eyes rolled back into his/her head; -LPN C began CPR, but did not remember to recheck the resident's pulse then; -LPN C did one round of compressions on the bed and then a CNA and he/she took the resident to the floor; LPN C did check for a pulse, did not find a pulse, and began chest compressions until staff brought the crash cart to the room with the AED on it; -LPN C placed the pads on the resident's chest and waited for the AED to analyze the resident; -The AED said to continue CPR and there was three staff who did compressions and put oxygen on at 10 liters with the mask; -LPN C said he/she did check for a pulse when put on the AED and followed with the AED which said to do compressions. The AED never gave shock advisory, but did say, Push harder or Good compressions; -They did a couple rounds of mouth to mouth breathing until mask on and maintained the resident's airway; <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>-Within a few minutes, LPN C said they needed to put the resident on the floor to start CPR;</p> <p>-CMT B said he/she was moving the wheelchair and the bedside table and did not see if the resident had stopped breathing, but when the resident was on the floor, his/her eyes were open and it was like he/she had raspy breaths or trying to catch his breath;</p> <p>-CMT B said he/she documented all this on scrap paper while in the room. He/she did not write down that staff checked the resident's pulse, but the AED machine kept saying Do Compressions, Press Harder but never heard the machine say Give Breaths, but saw LPN C give breaths to the resident;</p> <p>-They did put oxygen on the resident;</p> <p>-Right before EMS arrived, the resident began breathing on his/her own and had a pulse;</p> <p>-The EMT said the resident was breathing and had a pulse right before they took the resident to the hospital;</p> <p>-If a resident gets a pulse, they were not to do chest compressions.</p> <p>During interview on [DATE], at 5:41 P.M., CNA G said the following:</p> <p>-There was an AED on the crash cart, but never had to use one;</p> <p>-AED to use if resident had no pulse;</p> <p>-Staff were not to use the AED if the resident had a pulse;</p> <p>-If a resident was not responsive and had no pulse, yell for the nurse and begin CPR with compressions and breaths, until the nurse gets there;</p> <p>-If the resident had a faint pulse and unresponsive, yell for the nurse and start CPR.</p> <p>During interview on [DATE], at 5:43 P.M., CNA H said the following:</p> <p>-An AED was a defibrillator and to use when CPR was unsuccessful;</p> <p>-Staff to check the resident's pulse first, and if no pulse, holler for the nurse and start CPR;</p> <p>-If doing CPR for a few minutes and not successful, get the crash cart with the AED, but not sure about this because it depends on the nurse;</p> <p>-If the resident had a faint pulse, he/she would do a sternal rub and if no reaction, would start compressions.</p> <p>During interview on [DATE], at 1:30 P.M., LPN J said the following:</p> <p>-Before staff initiate CPR, staff were to check for a pulse and respirations. For every 32 chest compressions, staff give two breaths then check the pulse;</p> <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>-If someone had a pulse, they were not to do chest compressions because the heart was pumping;</p> <p>-Not sure off hand about the AED for checking the pulse;</p> <p>-They were to follow the AED instructions.</p> <p>During interview on [DATE], at 3:42 P.M., LPN E night charge nurse said the following:</p> <p>-He/she was CPR certified and familiar with the AED, but not this AED at the facility;</p> <p>-The AED was not to replace CPR;</p> <p>-If the resident had a good steady pulse, they were to hold off on chest compressions;</p> <p>-If the resident did not have a good pulse, they would continue with chest compressions.</p> <p>During interview on [DATE], at 5:30 P.M., LPN F said the following:</p> <p>-If a resident had no pulse or heartbeat, he/she would assess for;</p> <p>-If the resident had a heart beat, and he/she felt any movement like breathing, they do not use the AED;</p> <p>-If the resident had no pulse, they would initiate chest compressions and call 911;</p> <p>-If the resident had a faint pulse, they would not initiate chest compressions.</p> <p>During interview on [DATE], at 5:45 P.M., LPN A said the following:</p> <p>-If staff don't get a pulse, start CPR;</p> <p>-Can use the AED when a resident does not have a pulse;</p> <p>-When the resident has a heart beat, they can stop chest compressions;</p> <p>-If the resident had a faint pulse and may not be breathing, bag them or do rescue breaths;</p> <p>-The AED machine never said Check pulse only said Do Compressions.</p> <p>During interview on [DATE], at 5:50 P.M., LPN I said the following:</p> <p>-If you find someone unresponsive, with no pulse, or breathing, know the code status first;</p> <p>-Call 911, get crash cart and AED;</p> <p>-Someone starts chest compressions and someone can hook up AED to analyze;</p> <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>-An AED is to shock a resident for the heart to beat. Chest compressions are the standard thing to do;</p> <p>-If resident has a faint pulse, call 911 and monitor the resident. Do not do chest compressions;</p> <p>-If the resident was not breathing well, do rescue breathing or give them oxygen.</p> <p>During interviews on [DATE], at 3:52 P.M. and 6:03 P.M., the Director of Nursing (DON) said the following:</p> <p>-If a resident was found unresponsive, check for a pulse and if no pulse, yell for someone to call 911;</p> <p>-Start CPR immediately;</p> <p>-Get crash cart;</p> <p>-Do chest compressions 30 compressions to two breaths for two rounds, then check for a pulse (carotid);</p> <p>-Hook up the AED and do chest compressions. Chest compressions get heart going;</p> <p>-Let AED read and it will tell you to continue compressions or if will give a shock;</p> <p>-Did not know if a shock was indicated for the resident;</p> <p>-The resident had a pulse when they left;</p> <p>-The AED will tell staff to stop, check pulse, and resume compressions;</p> <p>-If having trouble breathing, would continue with rescue breathing, but not compressions;</p> <p>-If staff felt a pulse, even a faint pulse, they were not to do chest compressions, but would continue with breathing;</p> <p>-Even with AED, they were to stop compressions if felt a pulse;</p> <p>-If there was a faint pulse, keep monitoring and maybe give rescue breaths. If not breathing, put on oxygen and check vital signs;</p> <p>-Does expect staff to use the AED with CPR.</p> <p>During interview on [DATE], at 2:24 P.M., the Administrator said the following:</p> <p>-Would expect staff to check for a pulse first, and if no pulse, call for help right away;</p> <p>-Staff were to get the resident on a hard flat surface, elevate their head and initiate CPR;</p> <p>(continued on next page)</p>		

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