Printed: 06/10/2025 Form Approved OMB No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(XI) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 235665	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/16/2024	
NAME OF PROVIDER OR SUPPLIER Optalis Health and Rehab of Sterling Heights		STREET ADDRESS, CITY, STATE, ZIP CODE 38200 Schoenherr Road Sterling Heights, MI 48312		
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.				
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0694 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	SUMMARY STATEMENT OF DEFICIENCIES		ONFIDENTIALITY** 44750 abel/date and remove a peripheral s. Findings include: Pakfast. R95 was noted to have an own pump was also noted to be in the id not know why they still had it in. On [DATE] with the following Data Set assessment revealed a ion. R95 also required assistance s, Indicate the dressing should have the following Catheter Removal: 2. Indicate the dressing should have the following Catheter Removal: 2. Indicate the dressing should have the following Catheter Removal: 2. Indicate the dressing should have the following Catheter Removal: 2. Indicate the dressing should have the following Catheter Removal: 2.	

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 235665

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 235665	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/16/2024
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For information on the nursing home's p	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	CIENCIES full regulatory or LSC identifying informati	on)
F 0758 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	prior to initiating or instead of continuedications are only used when the **NOTE- TERMS IN BRACKETS Heased on observation, interview, and behaviors, non-pharmacological interpsychotropic for one resident (R9) on 05/14/24 at 8:45 AM, R9 was on A review of R9's medical record revincluded Cerebral Infarction, Adjust Type II, and Hypertension. Further required one person assistance for On 5/15/24 at 9:05 AM, R9 was observed at a 10:06 AM, R9 was observed at a 12:15 PM, R9 was observed at 12:15 PM, R9 was ob	bserved in bed asleep. Their breakfast bserved still in bed asleep. Their lunch served still in bed asleep. Their lunch to served still in bed asleep. Their lunch to ecord revealed that the resident did not ed in bed still asleep. Sursing Assistant (CNA D) was asked all often, and has been observed to be user they stay asleep. They further explain admitted. See all of that a Medication Regimen Revent is taking antipsychotic drug therapy on tappear to be an appropriate diagnosis. The document for the physic diagnosis. The document for the physic isagree. and Other. The Other box had	Norders for psychotropic to is limited. ONFIDENTIALITY** 40384 entify and document targeted side effects of a prescribed ary medications. Findings include: ep. ity on [DATE] with diagnoses that of emotions and conduct, Diabetes rely cognitively impaired and food tray was observed on their tray at the bedside. ray remained at the bedside t consume breakfast or lunch on pout R9's excessive sleeping, and p for no more than an hour before that the resident has liew was completed on 4/28/24 quetiapine 25 mg (milligrams) PO pois listed in [medical record] that sychotic use include schizophrenia, continuation of antipsychotic therapy cian to response had three options

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)			
F 0758 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	A review of R9's medical record revealed that upon discharge from the hospital on 4/27/24, they were prescribed the following antipsychotic, Quetiapine (Seroquel) 25 mg (milligrams) 1 tablet by mouth every night at bedtime. Further review of R9's April Medication Administration Record revealed that the resident was administered this medication twice, until the physician's order was changed on 4/30/24 increasing the resident's dose to the following: Quetiapine Fumarate Oral Tablet 25 MG (Quetiapine Fumarate). Give 3 tablet by mouth two times a day for dementia with behavioral disturbances. This order was in place until 5/7/24.			
	Further review of R9's physician's orders revealed another increase in the resident's antipsychotic on 5/7/24, Quetiapine Fumarate Oral Tablet 100 MG (Quetiapine Fumarate). Give 1 tablet by mouth two times a day for psychosis and agitation.			
	A review of R9's medical record revealed the following progress notes:			
	Effective Date: 05/01/2024 14:39 (2:39pm) Type: Nutrition PN (progress note)			
	Note .RD (registered dietician) attempted visits patient few times today, pt (patient) was sleeping, RD tried waking her up, dd not wake up . RD observed pt did not touch her lunch today.			
	Effective Date: 05/09/2024 15:58 (3:58pm) Type: Assessment Note: Patient A&Ox1 (alert and oriented). All medications given and taken as prescribed. Vital signs stable. Patient has been			
	sleeping on and off all day and may be related to Seroquel. In MD (medical doctor) book to follow up in this regard .			
	A review of R9's care plan revealed the following, Focus: The resident is on psychotropic			
	non-pharmacological interventions decrease stimuli, monitor for thirst/ monitor for resident being cold/hot) effects r/t psychotropic medication	medications r/t (related to depression). Date Initiated: 04/28/2024 .Interventions: Provide non-pharmacological interventions for symptom management such as (Specify: provide quiet environment decrease stimuli, monitor for thirst/hunger & provide fluids/snacks of resident's preference ,redirection, monitor for resident being cold/hot). Date Initiated: 04/28/2024 .Monitor for signs/symptoms of adverse effects r/t psychotropic medication use and report to physician as indicated .excessive sedation, falls, constipation, shortness of breath, weight gain. Date Initiated: 04/28/2024 .		
		ord did not reveal targeted or document esident prior to the increase in the resid		
	On 5/16/24 at 8:20 AM and 11:54a	m, R9 was observed in bed asleep.		
	prescription for Seroquel and their the medication, their mentation has further explained that the resident I	ew was completed with Nurse Practition excessive sleeping. NP E explained that she sometimes is been better and that she sometimes is nas been participating and completing the being used prior to medication, NP E eddent on medications.	at since the resident has been on sleeps extra during the day. She therapy well. Regarding	
	A review of R9's Physical Therapy following:	and Occupational Therapy notes were	reviewed and revealed the	
	(continued on next page)			

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NAME OF PROVIDER OR SUPPLIER Optalis Health and Rehab of Sterling Heights		STREET ADDRESS, CITY, STATE, ZI 38200 Schoenherr Road	P CODE
Sterling Heights, MI 48312		Sterling Heights, MI 48312	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0758 Level of Harm - Minimal harm or potential for actual harm	5/12/24: Additional Skill Additional Skilled Services: Patient needed Max encouragement to participate in therapy for exercises in bed. Patient Reports Patient Remarks/Goals: Patient states 'she wants to do nothing today.'		
Residents Affected - Few	5/13/24: Response to Tx (treatmen becoming agitated with encourage	t) Response to Treatment: Poor. Pt let ment for participation.	hargic, crying out at times and
	5/14/24: Response to Tx Response aware as she was the third person	e to Treatment: Pt very lethargic scratcl to assist with transfers.	hed fell ow therapist nurse manager
	5/14/24: Worked on getting patient to the toilet however she was not as responsive and cooperative which then she needed 3 people assist. So we needed the nurse manager to assist because patient was dead weight today.		
	5/15/24: Education and encouragement for participation on 3rd attempt/third refusal		
	Response to Tx Response to Treatment: Pt became irritated with encouragement tx ended. 5/16/24: Response to Tx Response to Treatment: Patient needs max encouragement to participate in therapy. Patient easily gets agitated and screams during therapy. Patient put back to bed due to low BP. Nursing informed. On 5/16/24 at 1:31 PM, an interview was completed with the Director of Nursing (DON) regarding observations of R9 and concerns for oversedation. The DON explained they are in the process of having the resident assessed by the NP and reviewing pharmacy recommendations. The DON further explained that non-pharmacological interventions are utilized prior to placing a resident on a psychotropic medication.		
	On 5/16/24 at 10:18am, a policy for unnecessary medications was made however, it was not received by the end of survey.		

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NAME OF PROVIDER OR SURRUER		CTREET ADDRESS CITY STATE 71	D CODE
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZI 38200 Schoenherr Road	PCODE
Optalis Health and Rehab of Sterling Heights		Sterling Heights, MI 48312	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0761 Level of Harm - Minimal harm or potential for actual harm	Ensure drugs and biologicals used in the facility are labeled in accordance with currently accepted professional principles; and all drugs and biologicals must be stored in locked compartments, separately locked, compartments for controlled drugs.		
Residents Affected - Few	34851		
	This citation has two deficient pract	tice statements.	
	Deficient Practice Statement #1		
	The state of the s	nd record review, the facility failed to st medication/treatment carts. Findings inc	
	On 5/14/24 at 9:14 AM, during a tour of the facility a treatment cart was observed unlocked that was station near 152 room. On 5/15/24 at 9:20 AM, a medication on the second floor was observed to be unlocked. During this time residents and staff were observed to walk pass the unlocked medication cart. On 5/15/24 at 9:25 AM, a medication was observed to remain unlock. At that time the unit manager, Licensed Practical Nurse (LPN C) was asked about the unlocked medication cart. The Cart was observed to have the overflow of medication for the residents that lived on the unit. LPN C was observed to ask the assigned Nurse about the cart and if they had the keys. LPN C explained to the nurse that she had to ensu the cart was locked.		
		ng Home Administrator (NHA) was ask NHA stated, if the medication cart is no	
	A review of the policy titled, Medication and Treatment Storage, dated, 8/7/23 revealed, POLICY OVERVIEW: It is the policy of this facility to ensure accurate labeling and dating of medications and treatments for safe administration and safe and secure storage (including proper temperature controls, appropriate humidity and light controls, limited access, and mechanisms to minimize loss or diversion) of all medication and treatments. GENERAL GUIDELINES: All medications and biologicals will be stored in locked compartments (i.e., medication carts, cabinets, drawers, refrigerators, medication rooms) under proper temperature controls.		
	40384		
	Deficient Practice Statement #2		
		nd record review, the facility failed to mored drugs and biologicals. Findings inc	•
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Cariofarmation on the access to be access		Sterling Heights, MI 48312	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	:IENCIES full regulatory or LSC identifying informati	on)
F 0761 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	was viewed with Licensed Practical documenting refrigerator temperature completing the temperature log on the afternoon shift. A review of the Medication/Vaccine in accordance with manufacturer's. A review of the February 2024 temperature both shifts: 2/7/24, 2/11/24, 2/12/24. A review of the March 2024 temperature both shifts: 3/29/24, 3/30/24, and 3. A review of the April 2024 temperature both shifts: 4/1/24 and 4/2/24. A review of the May 2024 temperature both shifts: 4/1/24 and 4/2/24. A review of the May 2024 temperature on 5/17/24 at 11:09 AM, the Nursimmonitoring of refrigerators storing in Con 5/17/24 at 1:28 PM, the Directo [NAME] medication room, and explication and Treatre	AME] Unit medication refrigerator local Nurse (LPN B), and was asked about ures. LPN B explained that the day shift the day shift, and the afternoon nurse is Refrigerator Temperature Log reveales specifications, state requirements and perature log revealed incomplete documed, 2/13/24, 2/14/24, 2/15/24, and 2/24/24 arture log revealed incomplete documed/31/24. Ture log revealed incomplete document ure log revealed	the process for checking and a nurse is responsible for its completion on its data of practice. The mentation for the following dates on its data of the its data

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Optalis Health and Rehab of Sterling Heights		38200 Schoenherr Road	, cope
Optails Frealth and Nortab of Otening Freights		Sterling Heights, MI 48312	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0812	Procure food from sources approve in accordance with professional sta	ed or considered satisfactory and store	, prepare, distribute and serve food
Level of Harm - Minimal harm or potential for actual harm	22960	iliualus.	
Residents Affected - Many	Based on observation, interview, and record review, the facility failed to ensure food was safely stored and failed to maintain sanitary conditions in the kitchen. This deficient practice had the potential to affect all residents that consume food from the kitchen. Findings include:		
	On 5/14/24 between 8:35 AM-9:25 (CDM) H, the following observation	AM, during an initial tour of the kitcher s were made:	with Certified Dietary Manager
	In the walk-in cooler, there were 2 foil covered pans with cooked whole pork roasts dated 5/13. When queried about the pork roasts, CDM H stated they had been cooked sometime last evening and were to be served for dinner on 5/14. The internal temperature of the pork roasts was measured to be between 56-58 degrees Fahrenheit. When queried if staff utilized cooling logs, CDM H stated they do use cooling logs, but was unsure of where the cook had put the log. When asked to see a blank copy of the cooling log utilized by kitchen staff, CDM H looked in the office and on the computer, but stated she couldn't find one.		
	According to the 2017 FDA Food Code section 3-501.14 Cooling, 1. (A) Cooked POTENTIALLY HAZARDOUS FOOD (TIME/TEMPERATURE CONTROL FOR SAFETY FOOD) shall be cooled: 1. (1) Within 2 hours from 57 C (135 F) to 21 C (70 F); P and 2. (2) Within a total of 6 hours from 57 C (135 F) to 5 C (41 F) or less.		
	According to the 2017 FDA Food Code section 3-501.15 Cooling Methods, (A) Cooling shall be accomplished in accordance with the time and temperature criteria specified under S 3-501.14 by using one or more of the following methods based on the type of FOOD being cooled: (1) Placing the FOOD in shallow pans; (2) Separating the FOOD into smaller or thinner portions; (3) Using rapid cooling EQUIPMENT; (4) Stirring the FOOD in a container placed in an ice water bath; (5) Using containers that facilitate heat transfer (6) Adding ice as an ingredient; or (7) Other effective methods. (B) When placed in cooling or cold holding EQUIPMENT, FOOD containers in which FOOD is being cooled shall be: (1) Arranged in the EQUIPMENT to provide maximum heat transfer through the container walls; and (2) Loosely covered, or uncovered if protected from overhead contamination as specified under Subparagraph 3-305.11(A)(2), during the cooling period to facilitate heat transfer from the surface of the FOOD. In addition in the walk-in cooler, there was a tube of raw ground beef stored on a tray next to a pan of cooked beef patties and a pan of cooked chopped beef. There was a box of raw bacon stored directly above the 2 pans of cooked beef. When queried, CDM H confirmed the raw meat should not be stored next to and above the cooked meat. According to the 2017 FDA Food Code section 3-302.11 Packaged and Unpackaged Food - Separation, Packaging, and Segregation, (A) Food shall be protected from cross contamination by: .(2) Except when combined as ingredients, separating types of raw animal foods from each other such as beef, fish, lamb, pork, and poultry during storage, preparation, holding, and display by: .(b) Arranging each type of food in equipment so that cross contamination of one type with another is prevented,.		
	In the second floor kitchenette, the food debris. CDM H confirmed the	interior top surface of the microwave w soiled microwave.	vas soiled with dried, encrusted
	(continued on next page)		

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

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F 0812 Level of Harm - Minimal harm or potential for actual harm	In the second floor nourishment room refrigerator, there was 2 food containers with unknown food items dated 5/7, 1 food container with an unknown substance that was undated, and 2 undated salad dressing cups. In the 1 [NAME] nourishment room refrigerator, there was a bag of food items dated 4/7. Inside the bag,		
Residents Affected - Many		ken, a container of potato salad with a	
	In the 1 East nourishment room ref	rigerator, there was an undated contain	ner of soup.
	Review of the Outside Food Policy dated 10/2/23 noted: Leftover food will be stored in covered containers wrapped carefully and securely. All refrigerated food is to be used within 72 hours or discarded. Once daily Housekeeping is responsible for cleaning of the refrigerator and for review of dated items stored in the refrigerator.		