Printed: 07/07/2025 Form Approved OMB No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 225224	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 06/27/2024
NAME OF PROVIDER OR SUPPLIER Care One at Lowell		STREET ADDRESS, CITY, STATE, ZIP CODE 19 Varnum Street Lowell, MA 01850	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0604 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	SUMMARY STATEMENT OF DEFICIENCIES		onitor and assess the use of of a total sample of 31 residents. Alized monitoring and ongoing eelchair to prevent sliding down in ring flat. 3/2017, indicated that the purpose entows that it is the least restrictive at the medical symptoms. including Huntington's disease, at Resident #57 was not able to itively impaired. Further review ring. Further review failed to a Broda chair (a type of wheelchair ed straps originating from the ing in a buckle behind the back of Broda chair in the hallway with p and over each thigh, across the

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 225224

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC	EIENCIES full regulatory or LSC identifying informati	on)
F 0604 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	bilateral padded straps originating in hips and ending in a buckle behind. On 6/26/24 at 7:40 A.M., the survey the Residents room with bilateral preach thigh, across the hips and endexiting the chair. Review of the medical record failed. Review of the doctor's orders failed. Review of the care plan, dated and Further review failed to indicate the to Resident #57's behavior of purpore redirection when having behaviors. Review of the facility document title that thigh bands are used to prever Further review indicated that the this swallowing and intake of high calor failed to indicate that the Broda chailed to indicate the thigh bands (a	yor observed Resident #57 sitting in a liftom the center of the seat, up going up the back of the chair, preventing the Reyor and Unit Manager #1 observed Resadded straps originating from the centeding in a buckle behind the back of the to indicate that Resident #57 used a relation in the centeding in a buckle behind the back of the to indicate an order for the use of a reserviewed 3/25/24, failed to indicate a class of thigh bands. Further review indicated in the floor and the compact of the sefully sitting/placing self on the floor and the forward sacral sliding, to promote optimize the properties of the self promote optimize the properties of the self promote optimizes. Further review indicated that the fact of Pre-Restraining Evaluation, dated 3/20 oda chair provides positional support to the self properties. Further review indicated that the fact of Pre-Restraining Evaluation, dated 3/20 oda chair provides positional support to the self provides and whether their use where the self provides are self-provided to indicate that the fact of Pre-Restraining Evaluation Reviews of Pre-Restraint Elimination Reviews of President and whether their use where the provided Restraint Elimination Reviews of President Prestraint Provided that the self-provided Restraint Elimination Reviews of President Prestraint Provided that the self-provided Restraint Elimination Reviews of President Prestraint Provided that the self-provided Restraint Elimination Reviews of President Prestraint Provided Restraint Elimination Reviews of President Prestraint Pre	and over each thigh, across the desident from exiting the chair. Sident #57 lying in a Broda chair in ear of the seat, going up and over chair, preventing the Resident from destraint. Straint or the use of thigh bands. Care plan for the use of a restraint. Sident a behavior care plan related as a means of resistance to mmary, dated 12/01/22, indicated in integrity when in the Broda chair. mal positioning to promote safe it maintain weight. Further review let the Resident was lying flat. 1/21, indicated that use of both comaximize proper sitting without cility did not consider the thigh eathigh bands were appropriate hile lying flat would act as a restraint. w, dated as reviewed quarterly on the experimental ear ear experimental ear experimental ear experimental ear experimental ear experimental ear ear experimental ear experimental ear

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Care One at Lowell		Lowell, MA 01850	
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(X4) ID PREFIX TAG SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by 1)		CIENCIES full regulatory or LSC identifying informati	on)
F 0641	Ensure each resident receives an a	accurate assessment.	
Level of Harm - Potential for minimal harm	**NOTE- TERMS IN BRACKETS H	HAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 45984
Residents Affected - Some	Set (MDS) assessment for one Res	nd record review, the facility failed to ac sident (#71) out of a total sample of 31 nk restraint when he/she did not use on	residents. Specifically, the facility
	Findings include:		
	Resident #71 was admitted to the f hemorrhage and unspecified deme	acility in January 2019 with diagnoses	including traumatic subarachnoid
	Review of Resident #71's most recent Minimum Data Set Assessment (MDS), dated [DATE], indicated the Resident had a Brief Interview for Mental Status score of 13 out of 15 indicating that he/she is cognition intact. Further review of section P of Resident #71's MDS indicated that the Resident used a trunk restrates than daily. Review of section GG of Resident #71's MDS indicated he/she does not use any mobility devices and can ambulate independently.		
	On 6/25/24, 6/26/24 and 6/27/24, the without assistance, no restraint was	he surveyor observed Resident #71 wa s present.	lking around the second-floor unit
	Review of Resident #71's medical assessment were present to indica	record failed to indicate physician's ord te the usage of a restraint.	ers, care plans or a restraint
	During an interview on 6/26/24 at 9 using a restraint and it was likely co	0:13 A.M., Unit Manager #1 said she ha oded as an error.	s no memory of Resident #71
	During an interview on 6/26/24 at 10:03 A.M., the MDS Nurse said she checks residents' charts, progres notes, discharge notes and speaks with the interdisciplinary team when inputting MDS information. She further said that no residents in the facility use restraints and Resident #71 was coded in error as using restraint.		

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Care One at Lowell		19 Varnum Street Lowell, MA 01850	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0656	Develop and implement a complete that can be measured.	e care plan that meets all the resident's	needs, with timetables and actions
Level of Harm - Minimal harm or potential for actual harm	**NOTE- TERMS IN BRACKETS H	NAVE BEEN EDITED TO PROTECT CO	ONFIDENTIALITY** 45984
Residents Affected - Few	Based on observation, record review and interview, the facility failed to develop a comprehensive plan of care for one Resident (#132) out of a total sample of 31 residents. Specifically, the facility failed to develop an individualized plan of care for Resident #132 related to migraine headaches.		
	Findings include:		
	Review of the facility policy titled C indicated the following:	are Plans, Comprehensive Person-Cer	ntered, dated and revised 4/25/22,
	 A comprehensive, person-centered care plan that includes measurable objectives and timetables the resident's physical, psychosocial and functional needs is developed and implemented for each The Interdisciplinary Team (IDT), in conjunction with the resident and his/her family or legal representations and implements a comprehensive, person-centered care plan for each resident. 		
	The care plan interventions are decomprehensive assessment.	erived from a thorough analysis of the i	nformation gathered as part of the
	Resident #132 was admitted to the injury, major depressive disorder a	facility in January 2024 with diagnoses and epilepsy.	s including focal traumatic brain
		cent Minimum Data Set Assessment (N of Mental Status score of 15 out of a po	
	During an interview on 6/25/24 at 8:35 A.M., Resident #132 said he/she gets migraines daily and he/she wears his/her sunglasses all the time as it helps.		
	Review of Resident #132's pre-admission paperwork, dated 11/7/23, prior to entering the facility indicated the following written by a Nurse Practitioner:		
	- During interview with this writer pa	atient reports that he/she suffers migrai	ne headaches.
	Review of Resident #132's physicia	an's order, dated 1/3/24, indicated the f	ollowing:
- Excedrin Migraine Oral Tablet (a medication used to temporarily treat migraine headact MG (milligrams): Give 1 tablet by mouth every 12 hours as needed for pain related to untraumatic brain injury.			- , ,
	Review of Resident #132's medica Resident has migraine headaches.	diagnoses, care plans, and progress r	notes failed to mention that the
	(continued on next page)		

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0656 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	headaches, and he/she says weari During an interview on 6/27/24 at 7 #132 and said she was not sure wh migraine headaches. During an interview on 6/27/24 at 7 always wears sunglasses. She con migraine headaches and still has th care plan should be developed so i During an interview on 6/27/24 at 8 has migraine headaches or has a h paperwork then a care plan should	2:25 A.M., Certified Nursing Assistant # hy he/she wears sunglasses and did not a see that the s	as not sure why Resident #132 sident #132 has a history of thas migraine headaches, then a said she did know Resident #132 oned in the pre-admission of surveyor reviewed Resident

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Care One at Lowell		STREET ADDRESS, CITY, STATE, ZI 19 Varnum Street	F CODE	
Odic One at Lowell		Lowell, MA 01850		
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)	
F 0658	Ensure services provided by the nu	ursing facility meet professional standar	rds of quality.	
Level of Harm - Minimal harm or potential for actual harm	36797			
Residents Affected - Few	Based on record review and interview, the facility failed to follow professional standards of practice for two Residents (#150 and #151) out of two closed records reviewed. Specifically, 1. For Resident #150, the facility failed to obtain a doctor's order for a transfer to the hospital and 2. For Resident #151, the facility failed to obtain a doctor's order for a transfer home.			
	Findings include:			
	The facility policy titled Transfer or order would be obtained for resider	Discharge, Facility-Initiated, dated 200 nt discharges.	1, failed to indicate that a doctor's	
	1. For Resident #150 the facility fai	led to obtain a doctor's order for a trans	sfer to the hospital.	
	Resident #150 was admitted to the schizophrenia and depression.	facility in June 2023 with diagnoses in	cluding Huntington's disease,	
	Review of the progress note, dated 4/4/24 via ambulance.	4/4/24, indicated that Resident #150 v	vas transferred to the hospital on	
	Review of the doctor's orders, date hospital.	d April 2024, failed to indicate an order	to transfer Resident #150 to the	
	During an interview on 6/25/24 at 4:05 P.M., the Director of Nursing said that a doctor's order should be obtained for a transfer to the hospital.			
	2. For Resident #151 the facility fai	led to obtain a doctor's order for a trans	sfer home.	
	Resident #151 was admitted to the alcoholic cirrhosis of the liver and p	facility in January 2024 with diagnoses sychosis.	s including alcohol dependence,	
	Review of the progress note, dated	5/11/24, indicated that Resident #151	was discharged home.	
	Review of the doctor's orders dated	d May 2024 failed to indicate an order t	o discharge Resident #151 home.	
	During an interview on 6/25/24 at 4 would be obtained for a transfer ho	:05 P.M., the Director of Nursing said sme.	she would expect a doctor's order	
	1			

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0699 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	e's plan to correct this deficiency, please contact the nursing home or the state survey agency. SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) Provide care or services that was trauma informed and/or culturally competent.		dents who are trauma survivors of practice in a standards of practice in a sessional standards of care for Post Traumatic Stress (#146 and #123) who had an in a per the facility policy, and in (PTSD) including triggers for including PTSD, traumatic brain in a set of 15 on the Brief Interview for in a diagnosis of PTSD. In a late of a diagnosis of PT

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F 0699 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	A review of the social services adm -Daughter reported that the Reside verbal abuse by male partners. A review of Resident #123's trauma -Resident has had a previous traum including depression and anxiety re During an interview on 6/27/24 at 7 all residents, she said trauma is as Resident's stay. The Social Worker events listed in the trauma assessr details of the trauma the Resident opersonalized care plan should have experienced. The Social Worker sa plan to prevent re-traumatization. During an interview on 6/27/24 at 9	experiencing one of the traumatic events alission notes, dated 11/4/22, indicated and has a history of childhood trauma as a care plan, initiated 11/4/22, indicated matic event in his/her past that put him/lelated to his/her trauma. The Social Worker said traumasessed again if a traumatic event occur as aid Resident #123 answered yes to experienced as indicated in the social sea been developed with the specific traumatid triggers should also have been iden as a said triggers should be a said trigger sho	the following: s well as a history of physical and the following: her at risk for mood lability ha is only assessed at admission for ris in the facility during the experiencing one of the traumatic member provided more specific service admission note. She said a matic events Resident #123 tified and personalized in the care

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		19 Varnum Street	FCODE
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For information on the nursing home's	For information on the nursing home's plan to correct this deficiency, please conf		agency.
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFIC (Each deficiency must be preceded by	CIENCIES full regulatory or LSC identifying informati	on)
F 0790	Provide routine and 24-hour emerg	ency dental care for each resident.	
Level of Harm - Minimal harm or potential for actual harm	45984		
Residents Affected - Few	Based on observations, record revi Resident (#132) out of a total samp	ew and interview, the facility failed to p le of 31 residents. Specifically:	rovide dental services for one
	For Resident #132, the facility failed Resident #132 had dental pain.	d to ensure dental services were provid	led after it was reported that
	Findings include:		
	Review of the facility policy titled De	ental Services, revised and dated Dece	ember 2016, indicated the following:
	- Routine and emergency dental se accordance with the resident's asse	ervices are available to meet the reside essment and plan of care.	nt's oral health services in
	- Routine and 24-emergency denta a licensed dentist comes to the fac	I services are provided to our residents lility monthly.	through a contract agreement with
	- Social services representatives w for reimbursement of dental service	ill assist residents with appointments, t es under the state plan, if eligible.	ransportation arrangements, and
	Resident #132 was admitted to the facility in January 2024 with diagnoses including focal traumatic brain injury, major depressive disorder and epilepsy.		
	Review of Resident #132's Minimul under Section L - Oral Dental Statu	m Data Set (MDS) assessment, dated s:	1/10/24, indicated the following
	- Obvious or likely cavity or broken	natural teeth	
		cent MDS assessment, dated 4/2/24, in ore of 15 out of a possible 15 indicating	
	During an observation and interview on 6/25/24 at 8:35 A.M., the surveyor observed a tube of Orajel (an over-the-counter medication used to temporarily treat dental pain) on Resident #132's bed side table. Resident #132 said his/her teeth hurt and it hurts to chew food and that his/her family member brought in the Orajel for his/her dental pain. Resident #132 was observed to have many black, dark spots on the visible teeth.		
	Review of Resident #132's Care Co	onference Notes, dated 1/3/24, indicate	ed the following:
	He/she needs to see a dentist, he him/her discomfort.	/she has some rotting teeth in the back	of his/her mouth that is causing
	Review of Resident #132's physicia	an's order dated 1/4/24 indicated the fo	llowing:
	(continued on next page)		
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			NO. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 225224	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 06/27/2024
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0790 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	- Consults: Dental care as needed During an interview on 6/26/24 at 1 said Resident #132 really needs to come into the facility that would be Health Care Representatives continis/her admission and they would I Orajel for Resident #132's teeth pa During an interview on 6/27/24 at 7 pain then the facility would have a dentist should have seen Resident dental discomfort. During an interview on 6/27/24 at 7 conferences which is for their indivinterventions will be implemented. facility would have the resident see Resident #132 was having dental prepresentatives brought in Orajel hygienist comes to the building ever continued to say if she knew about	full regulatory or LSC identifying information of the control of t	re Representative's family member and shape and if a dentist could by want to get out of bed. The at been seen by a dentist since at to say that they brought in the say that they brought in the say that a resident has dental saible. Unit Manager #1 said a sented in January 2024 of his/her a said all residents have care appropriate is discussed then assed in a care conference, then the bN said she was not aware that or that the Resident's Health Care and to say that a dentist and dental the building since January. She is have made sure the dentist or

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F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide and implement an infection **NOTE- TERMS IN BRACKETS H Based on observations, interviews maintained proper hand hygiene pr Findings include: Review of facility policy titled Hands - The facility considers hand hygier infections. - 2. All personnel are expected to a of infections to other personnel, res - Indications for Hand Hygiene. 1. Hand hygiene is indicated. c. after contact with blood, body flu e. after touching a resident's environg. immediately after glove removal. 5. The use of gloves does not replate Review of facility policy titled Person following: 2. Gloves shall be used only once a the procedure is being performed. 8. Wash your hands after removing On 6/26/24 at 7:01 A.M., the survey resident room on the [NAME] Park bag, and without doffing (removing resident rooms, entering contaminated gloves and without a During an interview on 6/26/24 at 1	and policy review, the facility failed to exactices on one of four nursing units. Washing/Hand Hygiene, dated as revisine the primary means to prevent the spudients and visitors. Washing Hand hygiene policies and practices and visitors. Indeed hand hygiene policies and practices and visitors. Indeed hand hygiene/ hand washing. Indeed hand hygiene hand washing hand hygiene in between rooms. Indeed hand hygiene in between rooms. Indeed hand hygiene in between rooms. Indeed hand hygiene in between rooms.	ensure that housekeeping staff ed 3/18/24, indicated the following: read of healthcare- associated actices to help prevent the spread ed July 2009, indicated the eptacle located in the room in which g gloves, emptying trash from a ent room, put the trash into a larger giene, she entered a second eper #2 continued this routine in wearing the same pair of	
	gloves before exiting a room and sanitizing hands in between tasks or between moving on to another resident's room. (continued on next page)			

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F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	During an interview on 6/26/24 at 2 gloves in the hallway. He said glov sanitized upon exiting and before a During an interview on 6/27/24 at 6 and go into the hallway with gloves	2:32 P.M., the Infection Control Nurse ses should be removed before exiting a	said staff should not be wearing room and hands should be staff should not exit a resident room ear gloves in the hallway and gloves