

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185220	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 09/12/2024
NAME OF PROVIDER OR SUPPLIER Nicholasville Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 100 Sparks Avenue Nicholasville, KY 40356	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0692 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	<p>Provide enough food/fluids to maintain a resident's health.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 45990</p> <p>Based on interview, record review, review of the Registered Dietician's (RD) job description and contract, and review of the facility's policies, the facility failed to perform a comprehensive nutritional assessment by the RD to identify factors that placed the resident at risk for inadequate nutrition and dehydration for one of two sampled residents for nutrition, Resident (R) 167.</p> <p>R167 was readmitted to the facility on [DATE] following an acute care hospital stay for a fall sustained on 07/17/2024. R167, prior to being readmitted on [DATE], was identified as being at risk for inadequate nutrition and hydration.</p> <p>The findings include:</p> <p>Review of the facility's policy titled, Dietician Recommendations, dated 01/02/2024, revealed the RD would routinely review the nutritional status of residents and make appropriate recommendations for improved status and or quality of life. Further review revealed the facility would be responsible for review and follow up of the RD recommendations within four business days.</p> <p>Review of the facility's policy titled, Interdisciplinary Team (IDT) Risk Review Meeting, dated 01/02/2024, revealed all residents identified with a risk condition would be reviewed by the IDT weekly with a recommendation for the RD to participant monthly, if possible.</p> <p>Review of the contracted RD's contract policy titled, Life Care Point Click Care, no date given, revealed resident admissions and readmissions required a full nutritional assessment by day 14 of the admission or readmission. It also stated recommendations would be completed on the RD's recommendations form. However, the facility was unable to find or provide a copy of this form for R167.</p> <p>Review of the Registered Dietician Job Description, dated 03/25/2024, revealed the RD's primary responsibilities included comprehensive assessments for all residents and incorporate nutritional interventions into the individualized interdisciplinary plan of care, provide a written record of recommendations for change in nutrition, and ensure information was appropriately entered.</p> <p>Review of R167's Face Sheet revealed the facility readmitted the resident on 08/04/2024, with an initial admitted [DATE], with diagnoses to include stroke, hemiplegia and hemiparesis (muscle weakness or partial paralysis on one side of body), protein-calorie malnutrition, and adult failure to thrive.</p> <p>(continued on next page)</p>		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER
REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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<p>F 0692</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Review of R167's Comprehensive Care Plan (CCP), with initiation date of 07/02/2024, identified a focus as R167 was at risk for complications due to requiring tube feeding. Interventions placed on 07/02/2024 were for the RD to evaluate quarterly and as needed (PRN), with revision date of 08/22/2024. Continued review revealed a focus listed R167 as being at risk of dehydration or nutrition problems. Interventions placed on 07/02/2024 were to notify the physician and dietician for any abnormalities, with a revision date of 08/22/2024.</p> <p>Review of the Speech Therapy Evaluation and Plan, dated 07/01/2024, revealed R167 had severe cognition decline and swallowing skills were within functional limits (WFL) after a clinical bedside assessment of swallowing was performed. Further review revealed recommendations for a diet of regular textures and thin liquids.</p> <p>Review of R167's Nutrition Dietary Enteral Review (NDER) Note, dated 07/04/2024, revealed R167 was at risk for malnutrition with an alternate feeding method via percutaneous endoscopic gastrostomy (PEG) tube. Further review revealed R167 was to receive tube feeding formula four times daily of 240 milliliters (ml) and water flushes of 150 ml and a regular diet. Continued review revealed R167's most recent weight was 100.3 pounds and she was underweight based on the Body Mass Index (BMI). The note stated to consult the RD as needed (PRN). Further review revealed R167, per nursing report, had an oral intake of 0%.</p> <p>Review of R167's Nutrition Interview, dated 07/12/2024, revealed she was high risk nutritionally and was on a regular diet with thin liquids and a supplement order for enteral feed. Further review revealed the information was obtained from the nurse.</p> <p>Review of R167's Discharge Summary from the sending hospital, with a discharge date of [DATE], revealed R167 was admitted to the hospital on 07/18/2024 after sustaining a fall at the facility. Continued review revealed R167 was PEG tube dependent. However no diet order or tube feed orders were listed in the discharge notes, only medications.</p> <p>Review of R167's IDT Care Plan Conference Summary, dated 08/05/2024, revealed to see dietary for nutrition and dietary goals. The summary was dated and signed by the Social Worker (SW) on 08/07/2024.</p> <p>Review of R167's Orders, placed by the provider and dated 08/11/2024, revealed an order for a regular puree diet, follow up with swallow study, and Ensure Plus four times a day to prevent weight loss.</p> <p>Review of R167's Electronic Health Record (EHR) revealed R167 was transferred to the hospital for suspected dehydration on 08/17/2024.</p> <p>Review of a copy of the RD's electronic mail (e-mail) sent to the Director of Nursing (DON), dated 08/20/2024 at 1:28 PM, revealed a diet of regular, puree texture/thin liquid and Ensure would exceed the caloric needs for R167.</p> <p>Review of a copy of the RD's e-mail sent to the DON, dated 09/12/2024, revealed R167's average intake of meals consumed between 08/09/2024 through 08/17/2024 was 58%.</p> <p>(continued on next page)</p>		

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F 0692 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	<p>During interview with the Complainant on 09/10/2024 at 11:26 AM, who requested anonymity, she stated she had received report from the hospital bedside nurse that R167 had not been receiving tube feedings (TF) at the facility for two weeks, but she had not spoken with the family or seen the resident herself. She stated the emergency medical service (EMS) staff had told the hospital in their report that R167 had not been receiving TF for two weeks, but she was unsure how EMS staff received that information. When asked why she thought the resident was dehydrated and had failure to thrive, she stated it was listed in R167's medical chart. She stated she had spoken with the Director of Nursing (DON) of the facility at time of discharge, and the discharge summary was faxed to the facility on [DATE] at 9:27 AM. However, she stated she was unable to find an order for diet or TF's in the discharge summary.</p> <p>During interview with the contracted RD on 09/10/2024 at 10:59 AM, she stated her tasks included performing dietary assessments on residents who were new admissions, had weight changes, who were high risk for nutritional issues, tube feeding assessments, and dialysis. She stated yes when asked if she performed assessments on readmissions if that resident was flagged as a high risk which R167 was. She stated high risk residents included residents who were, or had been receiving TFs, had wounds, had any significant weight loss, and had dialysis. She stated she remembered the DON calling or texting her about R167 and asking how much R167 would need to consume of her diet for adequate caloric intake, but she was unsure of the date. She stated she thought she had sent an email to the DON stating R167 would need to consume 70% of each meal to reach her daily caloric intake requirement. She stated she should have performed an official dietary assessment on R167 upon her readmission but had failed to do so. She stated she was at another facility and had not looked at R167's information at that time. The RD stated her expectation of the facility's staff was to let her know about R167's weight and history of nutritional needs prior to being dismissed and returned to the facility.</p> <p>During an interview with the DON on 09/11/2024 at 3:15 PM, she stated she was not working at the time of R167's readmission on 08/04/2024 but had reviewed orders upon her return to work on 08/11/2024. She stated she thought she had contacted the RD to ask about the nutritional needs of R167 when she saw there were no diet orders on the hospital discharge summary. She stated the facility's process to follow was for the accepting nurse to review discharge orders, call the provider for verification, and then enter the orders. She stated the nurse had followed that process. She stated the RD should have performed another nutritional assessment upon R167's readmission to assure nutritional needs were met. She stated there had been orders placed for diet and supplements for R167 by the facility's staff.</p> <p>During an interview with Nurse Practitioner (NP) 1 on 09/10/2024 at 10:42 AM, she stated the first time she saw R167 was 07/12/2024, and she appeared in good condition and good spirits. However, she stated, the second time she had rounded on her on 08/09/2024, she seemed thinner and was agitated. She stated she had called back that night, on 08/09/2024, after leaving the facility and placed a verbal order with the nurse for a dietary consult, speech therapy for swallowing consult. She stated she added a nutritional supplement to her diet. She stated she was under the assumption since R167 was on TFs prior to being discharged, the feedings had been reordered. However, she stated she could not recall any TFs infusing at either visit. She stated those visits were the only two times she saw R167, and the other NP had seen her on other visits. She stated she was a little upset that orders had not been placed for the nutrition assessment needs of R167 given the resident's history of having TFs.</p> <p>(continued on next page)</p>		

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F 0692 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	<p>Interview with NP2 was attempted on 09/10/2024 at 1:36 PM and on 09/11/2024 at 10:57 AM. However, both attempts were not successful.</p> <p>During an interview with the Medical Director on 09/11/2024 at 1:37 PM, he stated there had been some disconnect between the sending hospital and facility concerning the diet order for R167. He stated the facility should have followed up with the sending hospital to verify orders for R167's diet. He stated he thought there had been a conference about the diet order for R167 but could not recall the date. He stated if an order was given, staff should follow that order, including an order for a RD consult. He stated the cause of R167's weight loss, if any that could have occurred, would be hard to determine since R167 had a failure to thrive diagnosis. He stated he knew R167 was getting a food tray and supplements.</p> <p>During an interview with the Administrator on 09/11/2024 at 11:15 AM, she stated she thought there had been a dietician evaluation on R167 upon readmission and would provide a copy; however, a copy was not found. Further, during an interview on 09/12/2024 at 10:00 AM, she stated all facility guidelines should be followed.</p>		

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F 0725 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	<p>Provide enough nursing staff every day to meet the needs of every resident; and have a licensed nurse in charge on each shift.</p> <p>49050</p> <p>Based on observation, interview, record review, and review of facility's documents and assessment, the facility failed to have sufficient nursing staff with the appropriate competencies and skills sets to provide nursing and related services to assure resident safety and attain or maintain the highest practicable physical, mental, and psychosocial wellbeing of each resident, as determined by the resident assessment for 3 of 64 residents in the facility, Resident (R) 5, R6, and R117.</p> <p>The findings include:</p> <p>Review of the document Facility Assessment Tool for Nicholasville Nursing and Rehabililit 08/2023 through 07/2024, dated 07/01/2024 revealed, Licensed nurses providing direct care: 5-6 per day (3-4 day shift, 2 night shift). Nurses aides: 8-10 per day (5-6 day shift, 3-4 night shift).</p> <p>Review of the document PBJ [Payroll Based Journal] Staffing Data Report CASPER Report 1705D, FY Quarter 3 2024 (April 1- June 30), dated 09/05/2024 revealed, One Star Staffing Rating, (the lowest rating).</p> <p>Review of the document Nicholasville Nursing and Rehabilitation-Monday September 09, 2024 - Census 64 revealed for nurse aide total assigned for 7:00 PM to 7:00 AM there were two aides working and one aide was on day two of orientation. Three additional aides were added by hand.</p> <p>Review of the document Call Light Audit, dated from 06/29/2024 through 09/02/2024, provided by the Director of Nursing and performed by the facility's Scheduler, revealed call light answering times ranged from 10 minutes to 69 minutes.</p> <p>Observation of nurse aides on 09/09/2024 at 10:21 AM, revealed two State Registered Nurse Aides (SRNA) and one nurse on each hall.</p> <p>In an interview with R5 on 09/08/2024 at 4:23 PM, she stated there was only two aides and one nurse on each unit. She stated it took a while for staff to answer the call lights between 9:00 AM to 5:00 PM.</p> <p>In an interview with R6 on 09/09/2024 at 10:14 AM, she stated there were staffing shortages at night. She stated it took her a long time to get help turning in the bed. R6 stated, They do not have enough staff here. Some are good, but they have trouble keeping help.</p> <p>In an interview with R117 on 09/11/2024 at 1:33 PM, she stated it took a long time for staff to answer the call lights. R117 also stated she would look at the time on her phone, and it would take up to four hours for staff to come and change her.</p> <p>(continued on next page)</p>		

Department of Health & Human Services
Centers for Medicare & Medicaid Services

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<p>F 0725</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>In an interview with the Minimum Data Set (MDS) Nurse, a Registered Nurse (RN), on 09/10/2024 at 4:08 PM, she stated she was having trouble getting her work caught up. She stated she worked on the weekends trying to get resident assessments done according to the time requirements. She stated she came from another facility when this facility changed ownership. She also stated she was new to this role, and it was taking her time to adjust. She stated she had to cover on the floor and take call periodically.</p> <p>In an interview with RN1 on 09/10/2024 at 2:49 PM, she stated she was the only nurse on the floor. She stated she also had a Kentucky Medication Aide (KMA) to help with medication. She stated she was at the desk working on four different tasks at once. She also stated she had an admission this morning that she had not been able to get to because she was busy with other work, and she was the only nurse on the unit.</p> <p>In an interview with SRNA2 on 09/10/2024 at 10:17 AM, she stated today SRNA5 was pulled to the B Hall to help, which left two aides and one orientee on the A Hall.</p> <p>Observation of the MDS Nurse on 09/11/2024 at 2:37 PM, revealed she was sitting at the nurses' station on A hall with her computer on a tray table doing work.</p> <p>In an interview with the MDS nurse on 09/11/2024 at 2:38 PM, she stated she came and worked at the nurses' station to provide breaks for the other nurses in the afternoon.</p> <p>In an interview with the Director of Nursing (DON) on 09/11/2024 at 2:52 PM, she stated the facility did not hire nurse aides that were not certified. She also stated the facility had an annual competency checkoff that must be completed. She stated she was not aware of any staffing shortages. She stated the facility just hired five new aides who were orienting currently. She stated she was not aware of call light audits indicating response times of over an hour.</p> <p>In an interview with the Administrator on 09/12/2024 at 5:39 PM, she stated it was her expectation the facility provided enough staff to maintain resident care. She stated staffing was a problem on both day and night shift running low. She stated the facility was now maintaining staffing levels. She stated she used an agency and that staff might pick-up three to five shifts per week. She stated some facility staff would pick-up extra shifts per week.</p>		