Printed: 05/22/2025 Form Approved OMB No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065370	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 11/07/2024
NAME OF PROVIDER OR SUPPLIER  Life Care Center of Littleton		STREET ADDRESS, CITY, STATE, ZIP CODE 1500 W Mineral Ave Littleton, CO 80120	
For information on the nursing home's	plan to correct this deficiency, please con	tact the nursing home or the state survey	agency.
(X4) ID PREFIX TAG			on)
F 0689 Level of Harm - Actual harm Residents Affected - Few	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)  Ensure that a nursing home area is free from accident hazards and provides adequate supervision to accidents.  **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 51160  Based on interviews and record review, the facility failed to ensure three (#89, #59 and #67) of three residents out of 41 sample residents received adequate supervision to prevent accidents.  Resident #89, who had a history of falls, was admitted to the facility on [DATE] after sustaining multiply pelvic fractures related to a fall sustained at home. The facility initiated a fall care plan on 11/15/23 which dentified the resident was at risk for falls due to a gait imbalance (unsteady gait), poor cognition and history of falls. The care plan documented generalized fall interventions which were not specific to the resident. The facility completed an initial fall risk assessment on 11/15/23 which was not consistent wire resident. The facility completed an initial fall risk assessment on 11/15/23 which was not consistent wire resident without problems using an assistive device.  On 11/16/23, one day after the resident's admission to the facility, nursing documentation identified R #89 had poor safety awareness and did not use her call light for assistance. However, the facility faile implement further person-centered fall interventions for the resident.  Resident #89 sustained unwitnessed falls without injury on 12/16/23 and 2/4/24. The facility failed to implement new resident-specific fall interventions after either of the falls.  On 7/17/24, Resident #89 sustained a third fall that resulted in the resident sustaining a sternal contus (bruising of the flat bone in the center of the chest) and three left-sided rib fractures which required hospitalization in the intensive care unit. The facility implemented a fall intervention for a call, don't fall be hung in the resident's room. However, per documentation,		ONFIDENTIALITY** 51160  (#89, #59 and #67) of three event accidents.  PATE] after sustaining multiple fall care plan on 11/15/23 which dy gait), poor cognition and a which were not specific to the which was not consistent with the story of falls, was independent and go documentation identified Resident ce. However, the facility failed to cont sustaining a sternal contusion of fractures which required tervention for a call, don't fall sign to thad already been identified to not er interventions.  In to her forehead which required a lithe resident had additionally

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

FORM CMS-2567 (02/99) Previous Versions Obsolete Event ID:

Facility ID: 065370

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			No. 0936-0391
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065370	(X2) MULTIPLE CONSTRUCTION  A. Building  B. Wing	(X3) DATE SURVEY COMPLETED 11/07/2024
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(X4) ID PREFIX TAG	PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		ion)
F 0689  Level of Harm - Actual harm  Residents Affected - Few	Following the fall on 8/5/24, Resident #89 experienced a decline in condition, however, the facility did not implement further fall interventions. On 8/22/24, Resident #89 sustained a fifth fall which resulted in the resident being transferred to the hospital where the resident was diagnosed with a left femur (thigh bone) fracture. The resident returned to the facility on hospice services and passed away at the facility on 8/23/24.  Furthermore, Resident #59, who had a history of falls, sustained a fall on 1/27/24 without injury. The facility failed to identify new person-centered fall interventions for the resident. On 5/26/24 Resident #59 sustained a		
		sident being transferred to the hospital ire. Despite the resident's fall with injury resident.	
	Additionally, Resident #67, who was severely cognitively impaired, was admitted on [DATE]. The facility identified the resident as a fall risk and implemented generalized fall interventions which were not specific to the resident. On 10/12/24 Resident #67 sustained a fall which resulted in the resident being transferred to the hospital where she was diagnosed with a right wrist fracture.		
	Due to the facility's failures to to ensure fall risk assessments were completed accurately and timely and person-centered fall interventions were implemented, Resident #89, Resident #59 and Resident #67 sustained falls which resulted in major injuries.		
	Findings include:		
	I. Facility policy and procedure		
	(NHA) on 11/11/24 at 10:13 a.m. It admission, readmission, quarterly, identify appropriate interventions to	rocedure, dated 4/7/22, was provided by read in pertinent part, The facility will a with change in condition, and with any or minimize the risk of injury related to favill be developed and initiated by the action.	assess the resident upon fall event for any fall risks and will alls. During the admission and
	The interdisciplinary team (IDT) will review any additional fall risk indicators and revise the resident's care plan as indicated. Accurate and thorough assessment of the patient is fundamental in determining indicat for potential falls.		
	II. Resident #89		
	A. Resident status		
	According to the August 2024 com	was admitted on [DATE] and passed a puterized physician orders (CPO), diag ty in walking, localized edema, multiple nia.	noses included generalized
		S) assessment revealed the resident w score of 15 out of 15. It revealed the re	
	(continued on next page)		
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F 0689	The MDS assessment indicated the	e resident had sustained two falls resul	ting in major injuries.
Level of Harm - Actual harm	B. Record review		
Residents Affected - Few	The 11/15/23 admission fall risk assessment documented a fall risk score of 16 for the resident. The assessment documented Resident #89 had no falls, was independent and ambulated without problem with an assistive device.		
	-However, the fall risk assessment was documented inaccurately and was not consistent with the resident's care plan. Resident #89 was admitted with multiple pelvic fractures related to a fall sustained at home, had a history of repeated falls, was observed with an unsteady gait with the use of an assistive device and was prescribed a diuretic medication which had the potential to contribute to falls (see care plan below).		
	The fall care plan, initiated 11/15/23, documented Resident #89 was at risk for falls related to gait imbalance, poor cognition, and a history of falls with a goal that the resident would not sustain a serious injury requiring hospitalization related to falls. The interventions included assisting the resident with activities of daily living (ADL) as needed, placing the call light within the resident's reach, completing a fall risk assessment, and orienting Resident #89 to her room.		
	The 11/16/23 nurse progress note documented Resident #89 had required frequent monitoring related to poor safety awareness and not using her call light prior to ambulating. Resident #89 had an unsteady gait even with the use of her front wheeled walker. Resident #89 did not utilize call light for assistance.		
	-However, the facility failed to update the care plan and implement fall interventions after the above documented safety concerns.		
	The 11/21/23 physician's admission progress note documented Resident #89 had generalized weakness, chronic debility that required assistance with self-care, fall precautions and required prompt pericare.		
	The ADL care plan, initiated 11/29/23, documented Resident #89 had a self-care performance deficit related to generalized weakness. The interventions included encouraging the resident to participate in ADLs to the fullest extent possible, encouraging the resident to use the call light for assistance, praising all efforts at self-care and reporting any changes, potential for improvements, reasons for deficit, expected course or decline in function.  The urinary incontinence care plan, initiated 11/29/23, documented Resident #89 had urinary incontinence. The pertinent interventions included assisting Resident #89 with toileting as needed and performing pericare as needed.  1. Fall incident on 12/16/23		
	The 12/16/23 progress note documented Resident #89 sustained an unwitnessed fall. Resident #89 was found seated on the floor under a tray table with her back against the nightstand after the resident was hear calling out for help.		
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	I		

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(X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIEN (Each deficiency must be preceded by full of			on)
F 0689  Level of Harm - Actual harm  Residents Affected - Few	The 12/18/23 fall risk assessment completed after the fall documented a fall risk score of 18 for the resident. The assessment indicated Resident #89 was independent and continent of bowel and bladder, had one to two relevant health conditions or risk factors and had only been taking one to two medications that increased her fall risk.  -However, the fall risk assessment was documented inaccurately and was not consistent with the resident's		
	care plan. Resident #89 had been care planned as being incontinent and prescribed a diuretic medication, had more than three relevant conditions (anemia, heart failure, edema, pelvic fractures, hearing impairment and depression) that could contribute to falls and was taking three or more relevant medications which had the potential to contribute to falls.		
	-A review of Resident #89's fall car fall interventions following the resid	e plan revealed the care plan was not lent's fall on 12/16/23.	updated with new person-centered
	2. Fall incident on 2/4/24		
	The 2/4/24 nurse progress note documented Resident #89 was found on the bathroom floor after an unwitnessed fall. The resident reported hitting her head but denied losing consciousness. Resident #89 complained of left shoulder pain after the fall, which improved with the administration of acetaminophen (Tylenol).		
	The 2/5/24 x-ray result was negative for a fracture to the resident's left shoulder.		
	A review of the resident's electronic medical record (EMR) did not reveal a determination of the cause of the fall or a root cause analysis.		
	The assessment indicated Resider	npleted after the fall documented a fall at #89 was independent, continent of bo ctors that could contribute to falls and k.	owel and bladder, had one to two
	-However, the fall risk assessment was documented inaccurately and was not consistent with the reside care plan. Resident #89 was incontinent, had more than three relevant conditions and medications that increased her fall risk and was taking three or more relevant medications which had the potential to contribute to falls.		
		ent, Resident #89's fall risk score decre een admitted , she had sustained two fa	
	A review of Resident #89's fall care interventions following the resident	e plan revealed the care plan was not u 's fall on 2/5/24.	pdated with new person-centered
	3. Fall incident on 7/17/24		
		ocumented Resident #89 sustained an s was noted to the left side of the scalp ther studies.	
	(continued on next page)		

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Life Care Center of Littleton	Life Care Center of Littleton			
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(X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICIENCIE (Each deficiency must be preceded by full regu			on)	
F 0689  Level of Harm - Actual harm	-The progress note did not contain any further information regarding the fall including location and cause of the fall.			
Residents Affected - Few	The 7/17/24 computed tomography posterior left-sided fractures to ribs	$_{\prime}$ (CT) scan results from the hospital do #4, #7 and #11.	cumented the resident sustained	
		odated on 7/18/24 and identified Reside cluded placing a call don't fall sign in the		
	-However, per documentation, the assistance and the facility did not in	resident had already been identified to dentify further fall interventions.	not use her call light to call for	
	The ADL care plan was revised on 7/18/24 and identified Resident #89 had sustained a recent fall with multiple rib fractures which caused a decrease in mobility.			
	-There were no new interventions a	added to the care plan following the res	ident's fall on 7/17/24.	
	The 7/19/24 fall risk assessment completed after the fall documented a fall risk score of 20 for the resident.  The 7/20/24 nurse progress note documented Resident #89 had been non-compliant with safety throughout the night. Resident #89 had repeatedly walked to the bathroom without calling for help. Resident #89 had been educated by staff to call for assistance and had been apologetic, yet still continued to not call for assistance. Resident #89 required the floor to be decluttered multiple times by the nursing staff, however, Resident #89 had been observed frequently stepping on or over her oxygen tubing.  -However, the facility failed to update the care plan and implement additional fall interventions after the above documented safety concerns.			
	4. Fall incident on 8/5/24			
		ealed documentation that Resident #89 rtment and returned on 8/6/24 with a la dentified rib fractures.		
	The resident's fall care plan was revised on 8/5/24 to include a new fall intervention of a checklist to anticipate the resident's needs.  The 8/16/24 nursing progress note documented Resident #89 had a significant decline, which included confusion, lethargy and poor appetite.  -However, the facility failed to update the care plan and implement additional fall interventions after Resident #89's significant decline was identified.			
	5. Fall incident on 8/22/24			
	(continued on next page)			

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Life Care Center of Littleton	.r.	1500 W Mineral Ave	P CODE
Life Gare Genter of Littleton		Littleton, CO 80120	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES  (Each deficiency must be preceded by full regulatory or LSC identifying information)		on)
F 0689	The 8/22/24 nursing progress note a left femur fracture.	documented the physician was notified	d of the x-ray result which indicated
Level of Harm - Actual harm	a leit lemur macture.		
Residents Affected - Few	<ul> <li>-The progress note did not indicate the first place.</li> </ul>	the resident had sustained a fall or the	e reason the x-ray was ordered in
	The fall care plan was updated on 8/23/24 (the day after the x-ray was obtained) and identified Resident #89 sustained a left femur fracture related to a fall. New fall interventions included anticipating and meeting the resident's needs, bed in lowest position at all times and educating resident/family/caregivers about safety reminders and what to do if a fall occurred.		
	The 8/23/24 nurse progress note documented Resident #89 was assessed at 5:40 p.m. with an absence of breathing. Chest auscultation (listening with a stethoscope) revealed the absence of heart sounds and breathing which was confirmed with a second nurse at 5:45 p.m.		
	C. Staff interviews		
	The director of nursing (DON) was interviewed on 11/7/24 at 5:24 p.m. The DON said a fall risk assessment should be completed during the admission process along with a fall care plan listing the interventions related to the fall risk assessment. The DON said after a resident sustained a fall, the nurse should assess the resident for injury and neurological status and notify the physician, the family and the DON.  The DON said the fall risk assessment, care plan, and documented interventions should be updated after a sustained fall. The DON said a root cause analysis should be completed the following day with the IDT. The DON said there should be a weekly reassessment to ensure that the updated fall interventions were effective. The DON said Resident #89 had sustained multiple falls throughout her time at the facility and she had three falls with confirmed major injuries. She said she was not the DON at the time the resident was in the facility, but based on a review of the resident's EMR, the facility did not implement person-centered interventions following each fall, nor did the facility identify the root cause of the falls. The DON said the root cause analyses that were completed for only three of Resident #89's falls repeated the circumstances of the fall but did not identify the cause.  The DON said each fall risk assessment should be completed accurately with a comprehensive look at the resident to ensure the accurate fall risks were identified. She said Resident #89's fall risk score should not have decreased after she had sustained a fall with a major injury.		
		neen an area of improvement that the factors had been requested. She said she e facility.	
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	III. Resident #59		
	A. Resident status		
	(continued on next page)		
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NAME OF PROVIDER OR SUPPLII	ER	STREET ADDRESS, CITY, STATE, ZI 1500 W Mineral Ave	PCODE
Life Care Center of Littleton		Littleton, CO 80120	
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(X4) ID PREFIX TAG	(X4) ID PREFIX TAG  SUMMARY STATEMENT OF DEFICI  (Each deficiency must be preceded by formation of the company		on)
F 0689		was admitted on [DATE] and readmitted on cluded dementia, osteoporosis, glauco	
Level of Harm - Actual harm  Residents Affected - Few	The 10/29/24 MDS assessment revealed the resident was moderately cognitively impaired with a BIMS score of nine out of 15. The resident required partial to moderate assistance with most activities of daily living (ADL). The resident was independent for transfers. The resident was frequently incontinent of both bowel and bladder.		
	The MDS assessment indicated the	e resident had not sustained any recen	t falls.
	B. Record review		
	The fall care plan, initiated on 3/16/22, revealed Resident #59 was at risk for falls due to weakness, difficulty with gait, history of falls and poor safety awareness. Pertinent interventions included anticipating and meeting the resident's needs (initiated on 8/29/23), assisting with ADLs as needed (initiated on 3/16/22), having the call light within reach (initiated on 3/16/22), orienting the resident to her room (initiated on 3/16/22) and keeping items of personal importance within reach (initiated on 3/16/22).		
	-The care plan did not reveal any new interventions added after Resident #59's falls on 1/27/24 or 5/26/24 (see risk management reports below).		
	A risk management report, dated 1/27/24 at 3:05 p.m., revealed Resident #59 had an unwitnessed fall while trying to transfer herself to a chair. The report revealed Resident #59 did not have any apparent injuries and did not complain of any pain. Resident #59 said she was trying to get to her chair and slipped. Resident #59 was assessed by a member of the nursing staff, did not have any apparent injuries and her vitals and neurological assessments were both at baseline following the fall.		
	-The report did not reveal any root	cause analysis to identify the reason fo	or the resident's fall.
	The report did not identify any new	interventions added to prevent further	falls for Resident #59.
	trying to ambulate to the bathroom. nursing staff and found against the urinated on the floor which caused hit the back of her head on the wall assisted onto her feet where it was	/26/24 at 1:50 a.m., revealed Resident The report revealed Resident #59 was wall on her side. Resident #59 was try her to slip and fall. Resident #59 repor and reported having pain in her left hip noted she was unable to bear weight o sident #59 was transported to the emer	s heard crying for help by the ing to go to the bathroom and ted to the nursing staff that she had by Resident #59 was assessed and by her left leg. The nurse
	-The report did not reveal any new	interventions added to prevent further	falls for Resident #59.
	A progress note dated 6/1/24 revealed Resident #59 had a left pubic (lower pelvic bone) fracture and wa receiving physical therapy for strengthening and conditioning.		er pelvic bone) fracture and was
	C. Staff interviews		
	(continued on next page)		

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F 0689  Level of Harm - Actual harm  Residents Affected - Few	CNA #6 was interviewed on 11/6/24 at 3:04 p.m. CNA #6 said Resident #59's last fall was a few months prior. CNA #6 said to prevent falls for Resident #59, she encouraged her to use her call light. CNA #6 said Resident #59 was very good about using her call light to ask for assistance after the fall when she sustained the fracture, however, she said as the resident had healed she had gotten more independent. CNA #6 said she tried to catch Resident #59 before she tried to get up on her own and made sure her room was cleared of any trip hazards.		
	LPN #4 was interviewed on 11/7/24 at 10:42 a.m. LPN #4 said Resident #59's fall interventions included keeping her call light within reach, assisting with ADLs as needed, educating the resident and her family with safety reminders and notifying Resident #59's doctor if she had any signs of confusion.		
	D. Additional information		
	A fall performance improvement plan (PIP), initiated 5/15/24, was received from the NHA on 11/11/24 at 2:46 p.m. The PIP revealed a fall review was conducted by the facility administration team and system process gaps were noted. Pertinent interventions for this PIP included discussing recent falls and interventions in grand rounds and fall huddles were to be conducted after each fall with the facility administrators, direct care staff and the resident.		
	The PIP revealed the facility would monitor for systemic changes by completing weekly risk manag meetings to review current falls, unit managers would complete weekly fall audits and the DON wor and trend falls and review weekly audits.		
	-However, Resident #59 sustained a fall with major injury on 5/26/24, after the PIP was put in place and no new fall interventions were implemented for the resident on the care plan.		
	47064		
	IV. Resident #67		
	A. Resident status		
	Resident #67, age greater than 65, was admitted on [DATE]. According to the November 2024 CPO, diagnoses included, fracture of the right radius (broken bone in the lower arm), pulmonary embolism (blood clot in the lungs), respiratory failure with hypoxia (decreased ability to exchange oxygen), congestive heart failure (inability of the heart to push blood throughout the body) and chronic kidney disease ( decrease kidney function).		
	three out of 15. The resident requir assistance for dressing, personal h	ealed the resident was severely cognitived maximum staff assistance with toile ygiene and eating. She used a walker and bladder but was not on a toileting	ting and transfers and moderate and a wheelchair for mobility and
	The MDS assessment indicated the resident had a fall within the last month.		th.
	B. Resident/family interview		
	(continued on next page)		

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F 0689 Level of Harm - Actual harm Residents Affected - Few	Resident #67 was interviewed with fell and hurt her hand and results fr said she got up in the middle of the had sat against the wall of her room the staff would not let her use her was around even though she had been.  C. Record review  The 10/3/24 fall risk assessment, completed the resident required some the resident required some the resident would not sustain a set included assisting the resident with reach, completing fall risk assessment. The care plan did not reveal any redocumentation below).  A facility event progress note on 10 nurse that Resident #67 was sitting #67 reported she went to the bathrer right hand. The resident was educated ability to use the call light. The note facility protocol, because she was complex distal radial metaphyseal from was placed into a splint and instruction.  A facility physician's note on 10/14/fall in the bathroom with pain to her radial metaphyseal fracture and apparranged.  The facility provided the incident resident recident recident resident resident readial metaphyseal fracture and apparranged.	a family member present on 11/5/24 a om the x-ray done in the hospital revea night to use the bathroom and fell in the since the fall, even though her fracture.	t 2:59 p.m. Resident #67 said she aled a broken bone in her arm. She he bathroom. She said her walker re had healed. Resident #67 said at up early in the morning and fell in the her to use the wheelchair to get admitted to the facility.  In to the facility revealed Resident to her admission. The assessment by but did not follow directions.  It is at risk for falls with a goal that rough the review date. Interventions and, keeping the call light within com.  Bent #67's fall on 10/12/24 (see fall fied nurse aide (CNA) informed the back up against the wall. Resident resident #67 reported pain to her balized understanding and her the emergency department, per dication) at the time of her fall.  Bealed the resident sustained a geen in x-ray imaging. Resident #67 ricialist in one week.  The was sent out to the hospital after a chospital findings of a complex distal orthopedic follow up would be the seed of the said and the seed of the seed fall on 11/6/24 at 3:18 p.m.

			NO. 0930-0391
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F 0689 Level of Harm - Actual harm Residents Affected - Few	-However, Resident #67's hospital nurse progress note dated 10/12/2- review above).  D. Staff interview	records indicated the resident sustaine 4 indicated the resident complained of /24 at 5:42 p.m. The DON said there w	ed a radial fracture and the facility's pain in her right hand (see record