

Department of Health & Human Services
Centers for Medicare & Medicaid Services

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No. 0938-0391

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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 056487 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 12/25/2024 |
| NAME OF PROVIDER OR SUPPLIER Rio Hondo Subacute & Nursing Center | | STREET ADDRESS, CITY, STATE, ZIP CODE 273 E Beverly Boulevard Montebello, CA 90640 | |
| For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency. | | | |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) | | |
| F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some | <p>Provide and implement an infection prevention and control program.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 50012</p> <p>Based on observations, interviews, and record reviews, the facility failed to maintain and implement an ongoing and effective infection prevention and control program (IPCP) during an influenza outbreak (when there are [NAME] disease cases of influenza than what is usually expected), for 13 of 164 sampled residents and one facility staff, from 12/19/2024 to 12/30/2024 (10 days) by failing to:</p> <ol style="list-style-type: none">1. Ensure signage of outbreak notification at the entrance to inform visitors and family members of the influenza outbreak and masking requirements was posted.2. Ensure compliance with mask-wearing for residents who tested positive for influenza (Residents 4, 5, 6, 7, 8, 9, 10, 11, 12, and 13) or those at risk of exposure (Residents 1, 2, and 3), in accordance with professional standard of practice for respiratory virus in nursing homes.3. Communicate effectively with residents, families, and staff regarding the outbreak and infection control measures.4. Provide appropriate personal protective equipment (PPE), such as face shields to staff during an influenza outbreak.5. Ensure the Infection Preventionist (IP) nurse started the facility's surveillance tracking tool or Line List (a surveillance tool used by the facility for recognizing the occurrence of infections, recording their number and frequency to detect outbreaks and epidemics [a widespread occurrence of an infectious disease in a community at a particular time]) documenting residents and staff affected by the outbreak, as indicated in the facility's policy and procedure (P&P) on Infection Prevention and Control Program. <p>These deficient practices had the potential to cause harm to residents, staff, and visitors by increasing the risk of influenza transmission. The facility's failure to implement effective infection prevention and control measures exposed all individuals in the environment to avoidable health risks, which could lead to serious outcomes, including hospitalization s and even mortality among vulnerable residents.</p> <p>Findings:</p> <ol style="list-style-type: none">1. During an observation on 12/25/2024 at 12:20 PM, there was no signage posted at the main entrance to inform visitors of the ongoing influenza outbreak or to advise visitors to wear masks. <p>(continued on next page)</p> | | |

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE | TITLE | (X6) DATE |
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| FORM CMS-2567 (02/99) Previous Versions Obsolete | Event ID: | Facility ID: 056487 |
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| F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some | <p>During an interview on 12/25/2024 at 12:45 PM with the Assistant Director of Nursing (ADON), the ADON stated that there was no signage posted outside at the main entrance. The ADON stated the signage needs to be posted to alert visitors of an ongoing outbreak with preventive instructions.</p> <p>During a review of the facility's policy and procedure (P&P) titled, Visitation, revised 2022, the P&P indicated for Visitation During Communicable Disease Outbreak:</p> <p>d. Posting signage with infection prevention and control instructions (i.e., hand hygiene, cough etiquette, PPE, etc.).</p> <p>2a. During an observation on 12/25/2024 at 12:30 PM, multiple residents (Residents 1, 2, and 3) were observed in hallways without masks.</p> <p>During a review of Resident 1's Admission Record (AR), the AR indicated the facility admitted Resident 1 on 6/4/2019 and readmitted on [DATE] with diagnoses including hypertension (a long-term medical condition in which the blood pressure in the arteries is persistently elevated), and cerebral infarction (blockage of the flow of blood to the brain, resulting in brain tissue death) affecting left non-dominant side.</p> <p>During a review of Resident 1's History and Physical (H&P), dated 12/1/2023, the H&P indicated Resident 1 had the mental capacity to make medical decisions.</p> <p>During a concurrent observation and interview on 12/25/2024 at 1:40 PM, with Resident 1, in the hallway of the facility, Resident 1 was sitting in the wheelchair without wearing a mask. Resident 1 stated she was made aware of the influenza outbreak today, but she was not informed about the need to wear a mask.</p> <p>2b. During a review of Resident 2's AR, the AR indicated the facility admitted Resident 2 on 6/18/2019 with diagnoses including diabetes mellitus (DM: long-term metabolic disorder that is characterized by high blood sugar, insulin resistance, and relative lack of insulin), and hypertension (a long-term medical condition in which the blood pressure in the arteries is persistently elevated).</p> <p>During a review of Resident 2's H&P, dated 6/18/2023, the H&P indicated Resident 2 had the mental capacity to make medical decisions.</p> <p>During a review of Resident 2's MDS-, dated 9/20/2024, the MDS indicated Resident 2's cognitive skills for daily decisions making was intact. The MDS indicated Resident 2 required limited assistance of one-person physical assist for ADLs.</p> <p>During a concurrent observation and interview on 12/25/2024 at 1:40 PM, with Resident 2, in the hallway, Resident 2 was sitting in the wheelchair without wearing a mask. Resident 2 stated he was not told that he needed to wear a mask.</p> <p>2c. During a review of Resident 3's AR, the AR indicated the facility admitted Resident 3 on 8/22/2024 with diagnoses including DM, and hypertension.</p> <p>During a review of Resident 3's H&P, dated 8/24/2024, the H&P indicated, Resident 3 had the mental capacity to make medical decisions.</p> <p>(continued on next page)</p> | | |

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| <p>F 0880</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p> | <p>During a review of Resident 3's MDS, dated [DATE], the MDS indicated Resident 3's cognitive skills for daily decisions making was moderately impaired. The MDS indicated Resident 3 needed extensive assistance from the staff for ADLs.</p> <p>During an interview on 12/25/2024 at 2:10 PM with Resident 3, outside Resident 3's room, Resident 3 stated he was not aware of the Influenza outbreak or the need to wear a facemask when he is outside of his room.</p> <p>2d. During a review of Resident 4's AR, the AR indicated the resident was admitted to the facility on [DATE] with diagnoses that included Down's Syndrome (a genetic condition marked by growth, developmental, and learning delays that vary from mild to severe) and anemia.</p> <p>During a review of Resident 4's H&P dated 12/5/2024, the H&P indicated the residents does not have the capacity to understand and make decisions.</p> <p>During a review of Resident 4's laboratory result titled 2019-SARS-CoV-2 Test, collected on 12/23/2024, the test indicated Influenza A was detected on Resident 4.</p> <p>During a review of Resident 4's care plan titled, Resident with positive result for Influenza A, dated 12/24/2024, the care plan indicated interventions included observing for droplet precautions.</p> <p>During an interview on 12/25/2024 at 12:45 PM with the Assistant Director of Nursing (ADON), the ADON stated the facility followed the CDC guidelines as part of their plan to prevent the spread of influenza. The ADON explained that wearing masks is an important part of these guidelines because masks help block respiratory droplets (a very small drop of a liquid with bacteria or viruses that are released into the air when sneezing, coughing or speaking). The ADON stated using masks is a key step in protecting staff and residents during an outbreak. The ADON stated that this practice is part of the facility's infection control plan. The ADON stated she did not know why the facility's licensed nurses did not instruct Resident 3 to wear a facemask when he is outside of his room.</p> <p>During an observation on 12/25/2024 at 4:15 PM, Resident 4, who was diagnosed positive with Influenza was sitting in a wheelchair outside of Resident 4's room, without wearing a face mask.</p> <p>During a subsequent interview on 12/25/2024 at 4:16 PM with CNA 2, CNA 2 stated Resident 4 was informed by facility staff that due to the ongoing influenza outbreak at the facility, he needed to wear a face mask and remained in his room to prevent the spread of the virus, but Resident 4 had been non-compliant and refused to wear a face mask and refused to stay in his room.</p> <p>3. During an interview on 12/25/2024 at 2 PM with Family Member 1 (FM 1), FM 1 stated, I was not made aware there was an outbreak in the facility. No one informed me or my family about it. FM 1 stated she had not received any communication regarding the necessary precautions to take to protect herself, family member who is residing in the facility or other residents. FM 1 stated she was not wearing a facemask while ambulating in the hallway.</p> <p>During an interview on 12/25/2024 at 2:20 PM with another Family Member (FM 2), FM 2 stated he was not made aware of the current outbreak in the facility, and no one instructed him to wear a mask while he was in the facility.</p> <p>(continued on next page)</p> | | |

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| F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some | <p>During an interview on 12/25/2024 at 5:49 PM with the ADON, the ADON stated visitors will be reformed about the need to wear masks to help stop the spread of infections (influenza). The ADON stated that masks are important because they block germs that can spread through coughs or sneezes.</p> <p>During a review of the facility's P&P titled, Visitation, revised 2022, the P&P indicated During an infectious disease outbreak, residents on transmission-based precautions are permitted to have visitors. Before visitation the visitor is:</p> <ul style="list-style-type: none">a. made aware of the potential risk of visiting.b. instructed on the precautions necessary in order to visit the resident; andc. asked to adhere to infection prevention principles (e.g., hand hygiene, cough etiquette, etc.) <p>During a review of a guidance published through the Centers for Disease Control (CDC) website titled CDC Viral Respiratory Pathogen Toolkit for Nursing Homes, dated 12/5/2023, https://www.cdc.gov/long-term-care-facilities/media/pdfs/Viral-Respiratory-Pathogens-Toolkit-508.pdf, outline Implement universal masking for source control on affected units or facility-wide, including for residents around others (e.g., out of their room)</p> <p>4. During an interview on 12/25/2024 at 3:20 PM with Certified Nurse Assistant 1 (CNA 1), CNA 1 stated for droplet precautions, she must wash her hands, wear a mask, and use eye protection, such as a face shield or goggles. CNA 1 stated she has not been wearing a face shield due to the facility's face shields were not available, but she understands that wearing one is necessary for droplet precautions.</p> <p>During a concurrent observation and interview on 12/25/2024 at 4:38 PM, with License Vocational Nurse 1 (LVN 1), outside of an isolation room (a droplet precaution isolation room), there was no face shields in the isolation cart. LVN 1 stated staff were informed of the shortage during an in service provided in the morning (12/25/2024) regarding the facility does not have face shields. LVN 1 stated staff were informed that as soon as face shields are available, they will be provided to staff to meet infection control standards.</p> <p>During an interview on 12/25/2024 at 5:49 PM with the ADON, the ADON stated that while masks and hand hygiene are being followed, the lack of face shields has prevented full compliance with all recommended precautions. The ADON stated It is important to give staff proper protective gear, like face shields, during an influenza outbreak. The ADON stated wearing face shield helped protect staff from getting sick and stopped the virus from spreading to residents, who may be more at risk of serious illness. The ADON stated that the unavailability of face shields had made it harder for staff to follow the recommended safety measures.</p> <p>(continued on next page)</p> | | |

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| <p>F 0880</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p> | <p>During a review of the facility's P&P titled, Isolation - Categories of Transmission-Based Precautions, revised 2022, the P&P indicated Droplet precautions are implemented for an individual documented or suspected to be infected transmitted by droplets (large-particle droplets [larger than 5 microns in size] that can be generated by the individual coughing, sneezing, talking, or by the performance of procedures such as suctioning). The facility's P&P further indicated that masks should be worn by individuals entering the resident's room placed on droplet precautions . Gloves, gown, and goggles (face shields) are worn if there is risk of spraying respiratory secretions . The P&P further indicated For Resident transport - A mask is placed on the resident during transport from his/her room. The resident is encouraged to follow respiratory hygiene/cough etiquette to minimize dispersal of droplets. If the resident can tolerate a mask and control respiratory secretions, some activities outside the room may be acceptable.</p> <p>During a review of a guidance published through the Centers for Disease Control (CDC) website titled CDC's Interim Guidance for Influenza Outbreak Management in Long-Term Care and Post-Acute Care Facilities, dated 9/17/24, the guidance indicated Droplet Precautions are intended to prevent transmission of pathogens spread through close respiratory or mucous membrane contact with respiratory secretions. Droplet Precautions should be implemented for residents with suspected or confirmed influenza for 7 days after illness onset or until 24 hours after the resolution of fever and respiratory symptoms, whichever is longer, while a resident is in a healthcare facility. https://www.cdc.gov/flu/hcp/infection-control/ltc-facility-guidance.html,</p> <p>5. During a review of an email communication authored by the facility's IP nurse to the local health officer with jurisdiction to the facility, dated 12/22/2024 timed at 1:46 PM, the email indicated the facility notified the local health officer of one positive case of influenza. The email indicated that the facility will be conducting a facility wide mass testing on 12/23/2024.</p> <p>During a review of a letter issued by the local health officer to the facility titled, Respiratory Illness Outbreak Notification for (Facility Name), dated 12/24/2024, the Outbreak Notification Letter indicated Based on the preliminary investigation, we [local health department (LADPH)] are recommending the following actions:</p> <ul style="list-style-type: none"> - Require symptomatic staff, patients, and visitors to stay home for at least 24 hours after they no longer have signs of a fever, without the use of fever-reducing medicines. -Enforce good hand washing among all staff, patients, and visitors, since it is the most effective way to prevent disease . -Enforce good respiratory etiquette, like covering nose and mouth with a tissue when coughing or sneezing (or a shirt sleeve or elbow if no tissue is available) and dispose of tissues properly. <p>Identify symptomatic staff, patients, and visitors, and their contacts so that they can be separated from those not affected by this illness.</p> <p>-Provide the Public Health Nurse with a line listing of symptomatic staff, patients, and visitors and include the date of illness onset, symptoms, and the date that treatment or prophylaxis was provided to these individuals. In addition, please provide a separate list of their contacts to the Public Health Nurse.</p> <p>(continued on next page)</p> | | |

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| <p>F 0880</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p> | <p>-Collect nasopharyngeal specimens if requested by the Public Health Nurse.</p> <p>-Follow instructions per outbreak guidelines provided, particularly those related to cleaning procedures.</p> <p>During an interview on 12/25/2024 at 12:45 PM with the ADON, the ADON stated, The IP (Infection Prevention) nurse is not in today, and I am covering for her. However, I do not have the line list on hand. The ADON stated that despite multiple attempts to contact the IP nurse, she had been unable to reach the IP nurse. The ADON stated, I will attempt to reach her again. The ADON stated that she should have access to the documents if she is covering for the IP Nurse.</p> <p>During a review of an email communication response titled Request for Flu Outbreak Line List . for 12/25/2024 from the ADON dated 12/27/2024 timed at 4:45 PM, the email indicated an acknowledgement of the request for a copy of the Line List and that the facility was Working on it. The email indicated We will make sure that it will get to you by Monday (12/30/2024) morning due to IP and scheduler are gone for today.</p> <p>During a review of an email communication dated 12/30/2024 (Monday) sent by the facility's DON on 12/30/2024 (6 days after the Respiratory Illness Outbreak Notification Letter was received by the facility), the email indicated the attached Line Listing completed by the facility for residents and staff.</p> <p>During a review of the Line Listing emailed to the California Department of Public Health (CDPH) by the DON on 12/30/2024, with attachment titled Influenza and Respiratory Outbreak Line List for Healthcare Facilities - Residents, dated 12/26/2024, the Line Listing indicated 10 residents positive for Influenza. The Line Listing indicated the following resident's information with their corresponding illness descriptions that included symptoms such as fever, cough, myalgia (body aches), chills, sore throat, shortness of breath (SOB), specimens collected/specimen type, onset dates, and final diagnosis:</p> <p>-For Resident 4, no symptoms of fever, cough, myalgia, chills, sore throat, SOB. Onset date (12/24/2024), Specimen type (nasal), Final Diagnosis (Influenza).</p> <p>-For Resident 5, no symptoms of fever, cough, myalgia, chills, sore throat, SOB. Onset date (12/24/2024), Specimen type (nasal), Final Diagnosis (Influenza).</p> <p>-For Resident 6, presented symptoms of cough. Onset date (12/22/2024), Specimen type (nasal), Final Diagnosis (Influenza).</p> <p>- For Resident 7, no symptoms of fever, cough, myalgia, chills, sore throat, SOB. Onset date (12/24/2024), Specimen type (nasal), Final Diagnosis (Influenza).</p> <p>-For Resident 8, no symptoms of fever, cough, myalgia, chills, sore throat, SOB. Onset date (12/24/2024), Specimen type (nasal), Final Diagnosis (Influenza).</p> <p>- For Resident 9, no symptoms of fever, cough, myalgia, chills, sore throat, SOB. Onset date (12/24/2024), Specimen type (nasal), Final Diagnosis (Influenza).</p> <p>(continued on next page)</p> | | |

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